

### SIGNATURE...\$8.49



#### 580 Cals | 31g Protein

Savoury grilled beef patty, topped with onions, pickles, and our signature sauce.

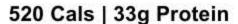
Combo it (1000-1290 Cals). . . . \$14.39



# SMASH BURGERS



## CLASSIC CHEESE



Smash patty topped with melted cheese, crisp lettuce, tomato, ketchup, and mayo.

Combo it (940-1270 Cals) . . . . . \$14.89

\$8.99



## LOADED JALAPENO 🝑 \$10.99



#### 740 Cals | 41g Protein

Smash patty topped with crispy fried onions and peppers, melted cheese, our housemade chipotle bbq sauce, and extra bacon.

Combo it (1160-1490 Cals) . . . . . \$16.89



LARGE FRIES (140 CALS)	\$0.99
ONION RINGS (60 CALS)	\$1.29
SWEET POTATO FRIES (270 CALS)	\$1.99
POUTINE (310 CALS)	\$2.99



Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.







770 Cals | 41g Protein

Black bean patty wrapped in a warm tortilla, topped with chipotle aioli, cheese, crispy fried onions and peppers, lettuce, and tomato.

Combo it (1190-1320 Cals) ...\$14.89



350 Cals | 25g Protein

Grilled chicken marinated in our blend of herbs and spices, caramelized onions, lettuce, tomato with herb aioli.

Combo it (770-1100 Cals) ...\$15.39





500 Cals | 33g Protein

Crispy chicken carefully layered with housemate slaw, pickles and spicy mayo.

Combo it (920-1250 Cals) ...\$14.49



500 Cals | 33g Protein

Crispy premium breaded white chicken strips with your choice of dipping sauce

Combo it (800-1130 Cals) ...\$13.49

**5 PIECE**  ...... \$11.99

650 Cals | 33g Protein



**CBR WRAP.....\$9.99** 

620 Cals | 24g Protein

Crispy chicken topped with lettuce melted cheddar, crispy bacon and ranch. All wrapped up in a soft flour tortilla.

Combo it (1040-1320 Cals) ...\$14.49



SHORE

 SLAW (70 CALS
 \$1.99

 SMALL FRIES (420 CALS)
 \$4.69

 LARGE FRIES (560 CALS)
 \$5.69

 ONION RINGS (60 CALS)
 \$5.49

 SWEET POTATO FRIES (690 CALS)
 \$5.99

 POUTINE (730 CALS)
 \$7.49