## BREAKFAST





#### BREAKFAST SANDWICH .... \$4.99

350 Cals | 20g Protein

Egg, cheese and your choice of Bacon or Sausage on a toasted English muffin

Combo it (780 Cals) . . . . . . . . \$10.19

EGG &							
CHEESE			٠		٠	•	\$4.29

290 Cals | 14g Protein

Eggs with cheddar cheese, layered on a toasted English muffin

Combo it (720 Cals) ..... \$9.39

### BIG BREAKFAST....\$10.49

880-930 Cals | 30g Protein

Your choice of Bacon or Sausage, 2 eggs, 2 pieces of toast, our herbed hashbrowns and coffee

# SIDES

HASHBROWNS LARGE (720 CALS)	\$2.99
A PRODUCTION OF THE PROPERTY O	\$3.39
SAUSAGE PATTY (110 CALS)	\$1.99
BACON - 2 SLICE (40 CALS)	\$1.99
EXTRA EGG (70 CALS)	\$1.49
TOAST (220 CALS)	\$1.00









#### WESTERN SANDWICH...\$6.79

420 Cals | 21g Protein

Black forest ham and eggs with onions and green bell peppers, on Texas toast

Combo it (850 Cals) ..... \$11.99

# BLT ON A BAGEL .....\$6.79

370 Cals | 22g Protein

Grilled bacon with lettuce, tomatoes and mayo, on a bagel

Combo it (800 Cals) ..... \$11.99

#### MULTIGRAIN BAGEL .....\$2.39

250 Cals | 10g Protein

Multigrain bagel, toasted with butter

Combo it (680 Cals) . . . . . . . . . \$7.59

#### CREAM CHEESE BAGEL ..... \$3.69

300 Cals | 13g Protein

Plain or multigrain bagel toasted with a thick layer of cream cheese

Combo it (730 Cals) ..... \$8.89



