X Kinesiology & Health Science Master of Fitness Science (MFSc)



The Master of Fitness (MFSc) degree (non-thesis) involves coursework and an extensive practical experience to prepare students for a variety of professional careers including health promotion, sport and occupational fitness applications and exercise management for persons with chronic diseases or disabilities. Completing the MFSc, satisfies the requirements to receive designations such as the Health and Fitness Federation of Canada - Certified Exercise Physiologist[™] and enables students to apply for the Ontario College of Kinesiology registration.

Details of Degree

• Coursework, Practica + Paper, (4 terms)

Areas of Specialization

- Molecular, Cellular and Integrative Physiology
- Neuroscience and Biomechanics
- Health and Fitness Behaviours
- Socio-Cultural and Policy Studies in Sport and Physical Activity

Deadlines

Domestic	International
Jan 15	Jan 15

Connect with York University



Program Support: kahs@yorku.ca Admissions Support: fgsapply@yorku.ca

- yorku.ca/gradstudies/students/future-students
- futurestudents.yorku.ca/events/graduate

Admission Requirements

- > Have a strong academic background relevant to the area of study to be pursued at the Masters level.
- Have completed an honors undergraduate degree at a recognized university, with a B+ grade point average (or higher) in the last two years of full-time study.

Documents to Submit

- > Transcripts (all university studies)
- References (2)
- > Statement of Interest
- Resume/CV
- Preferred Supervisor Form
- Supplementary Information Form
- > ELP Test Score, if applicable
- IELTS: 7.5 Academic
- TOEFL: 100
- > Duolingo: 140

York Graduate Funding

Current Academic Year

YEARLY FUNDING PACKAGE	
Domestic	International
\$28,758	N/A

Funding amount is per year (3 terms), funding is prorated for the remaining term.

