

Health Promotion and Disease Prevention Electives (minimum 21 credits required) FW2022-2023

Explores interdisciplinary perspectives and approaches to health promotion and disease prevention with individuals, groups, communities and populations, including human biology, health psychology, health education, and epidemiological, critical and structural approaches.

Note 1: Spaces are limited in these courses, you may not be able to get into your desired courses, please have backup choices.

Course Code	Course Title	Pre-requisites	Course credit exclusion	Global Health: Comments re: pre-requisites
HH/KINE 3100 3.00	Health Psychology and Kinesiology	PSYC 1010 6.0	HH/PSYC 3170 3.0	PSYC 1010 6.0 required
HH/PSYC 3140 3.00	Abnormal Psychology	PSYC 1010 6.00 with a minimum grade of C and completion of 54 credits	GL/PSYC 3230 3.0	PSYC 1010 6.0 required and completion of 54 credits
HH/PSYC 3170 3.00	Health Psychology	PSYC 1010 6.00 or PSYC 2410 6.00, with a minimum grade of C and completion of 54 credits	PSYC 3440 3.00 (prior to Summer 2002), KINE 3100 3.00, KINE 4050D 3.00 (prior to Summer 1997), KINE 4710 3.00, PSYC 3635 3.00.	PSYC 1010 6.0 required and completion of 54 credits
HH/IHST 3200 3.00	Creating Intercultural Safety	HH/HLST 1010 3.00 or HH/IHST 1010 3.00 or HH/PSYC 1010 6.00	None	None
HH/KINE 3340 3.00	Growth, Maturation & Physical Activity	None	None	None
HH/KINE 3350 3.00	Physical Activity, Health and Aging	KINE 1020 6.00, KINE 2020	None	KINE 1020 and KINE 2020 waived for Global Health students
HH/PSYC 3490 3.00	Adult Development and Aging	PSYC 1010 6.00 with a minimum grade of C and completion of 54 credits	GL/PSYC 3310 3.0	PSYC 1010 6.0 required and completion of 54 credits
HH/IHST 3500 3.00	Global Mental Health	HLST 1010 3.00 or IHST 1010 3.00 or KINE 1000 6.00 or PSYC 1010 6.00 Open to: Completion of 54 credits	None	HLST 1010 3.00 or IHST 1010 3.00 or KINE 1000 6.00 or PSYC 1010 6.00 Open to: Completion of 54 credits
HH/KINE 3645 3.00	Physical Activity and Health Promotion	KINE 1020 6.00	None	KINE 1020 is waived for GH students
HH/HLST 3520 3.00	Aging: Comparative Perspectives	24 credits at least six of which are in education or the social sciences, or by permission of the instructor	None	None
HH/IHST 4005 6.00	Healthy Aging: Current Trends and Issues	Open to: Students must be in the Honours program and have completed 84 credits. Enrollment is by application	HH/NURS 3000 3.00	None

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HH/KINE 4010 3.00	Exercise Physiology	KINE 2011 3.00 and KINE 3012 3.00	None	IHST 1001 3.00 and IHST 1002 3.00 or KINE 2011 3.0 are required pre-requisites for KINE 4010 3.00; KINE 3012 3.00 waived for GH students
HH/KINE 4020 3.00	Human Nutrition	KINE 4010 3.00	None	KINE 4010 3.0 required
HH/KINE 4140 3.00	Nutrition & Human Diseases	KINE 4020 3.00	None	KINE 4020 3.0 required
HH/IHST 4210 3.00	Comparative Global Mental Health	HLST 1010 3.00 or IHST 1010 3.00 or GH 1010 or PSYC 1010 6.00 Students must be in an Honors program in the Faculty of Health and have least 84 earned credits	None	None
HH/IHST 4310 3.00	Global health and physical activity:	IHST 1001, IHST 1002, IHST 2100	None	None
HH/KINE 4340 3.00	Sport, "Race" and Popular Culture in Canada	KINE 1000 6.00	None	KINE 1000 6.00 waived for GH students
HH/KINE 4370 3.00	Body as Light: Meditation Practices	KINE 1000 6.00.	None	KINE 1000 6.00 waived for GH students
HH/NURS 4370 3.0	Indigenous History and Health	None	None	Global Health Students do not have access to this course anymore
HH/KINE 4485 3.00	Social Determinants of Physical Activity and Health in Canada	KINE 1000 6.00	None	HH/KINE 1000 6.00 waived for GH students
HH/KINE 4518 3.00	Molecular Basis of Selected Diseases (Obesity and Cancer)	KINE 2011 3.0, KINE 3012 3.0, KINE 4010 3.0	BIOL 4010 3.00	KINE 4010, IHST 1001 and IHST 1002 required for GH students
HH/KINE 4565 3.00	Epidemiology of Injury Prevention	KINE 1000 6.0 KINE 2050 3.0,	None	KINE 1000 6.0 waived for GH students; IHST 2010 required for GH students
HH/KINE 4640 3.00	Lifestyles and Current Health Issues	KINE 2020 3.00.	None	KINE 2020 is waived for GH students
HH/KINE 4645 3.00	Active Living and Aging	KINE 3350 3.00	None	KINE 3350 3.00 required

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HH/KINE 4646 3.00	Delivering Exercise to the Aging	KINE 1020 6.00, KINE 4010 3.00	None	KINE 4010 3.0 required, KINE 1020 waived for GH students
HH/KINE 4710 3.00	Psychology of Health and Chronic Disease	PSYC 1010 6.0	ADMS 3750 3.00, PSYC 3170 3.00, PSYC 3440 3.00.	PSYC 1010 6.0 required
HH/KINE/IHST 4720 3.00	Secondary Prevention of Heart Disease	NURS 3515 3.00 or KINE 2049 or IHST 2100	None	IHST 2100 3.0 required
HH/KINE 4900 3.00	Therapy for Chronic Diseases	KINE 4010 3.0,	KINE 4050E 3.00 (prior to Fall/Winter 2001-2002).	KINE 4010 3.0 waived

Approved Disease Stream Substitutions

(ONLY in cases where you cannot get into the courses above, you can enrol in the following. Please inform the School of Global Health if you enrol in the below courses as we will need to contact Degree Audit to have them counted.)

Course Code	Course Title	Pre-requisites	Course credit exclusion	Global Health: Comments re: pre-requisites
AP/SOWK 2025.30	Eating Disorders: The Political, Social and Psychological Issues	None	None	None
AP/SOWK 2035 3.0	Current Issues in Mental Health	None	None	None
AP/ANTH 2300 3.0	Intercultural Training Skills	None	None	None
AP/HREQ 3562 6.0	Health in a Multicultural Context	24 Credits	AP/MIST 3562 6.00	None
AP/ANTH 4160 3.0	Anthropology and Indigenous Health	None	None	None
AP/HREQ 3830 6.0	Women's Health & Equity	24 Credits	None	None