

## Health Promotion and Disease Prevention Electives (minimum 21 credits required) FW2024-2025

Explores interdisciplinary perspectives and approaches to health promotion and disease prevention with individuals, groups, communities and populations, including human biology, health psychology, health education, and epidemiological, critical and structural approaches.

**Note 1: Spaces are limited in these courses, you may not be able to get into your desired courses, please have backup choices.**

**Note 2: Not all courses are offered each academic year, you will need to check the Courses Website to see if and when these courses are being offered.**

Course Code (and hyperlink)	Course Title	Pre-requisites	Course Credit Exclusion	Global Health: Comments re: pre- requisites
<a href="#">HH/GH 3200 3.00</a>	Creating Intercultural Safety	HH/HLST 1010 3.00 or HH/IHST 1010 3.00 or HH/PSYC 1010 6.00	None	None
<a href="#">HH/KINE 2050 3.00 or</a> <a href="#">HH/PSYC 2020 6.00 or</a> <a href="#">HH/PSYC 2021 3.00 and</a> <a href="#">HH/PSYC 2022 3.00 or</a> <a href="#">SC/MATH 1131 3.00</a>	Statistics Courses	See Courses Website for details	See Courses Website for details. <a href="https://w2prod.sis.yorku.ca/Apps/WebObjects/cdm">https://w2prod.sis.yorku.ca/Apps/WebObjects/cdm</a>	None
<a href="#">HH/GH 3500 3.00</a>	Global Mental Health	HLST 1010 3.00 or IHST 1010 3.00 or KINE 1000 6.00 or PSYC 1010 6.00 Open to: Completion of 54 credits	None	HLST 1010 3.00 or IHST 1010 3.00 or KINE 1000 6.00 or PSYC 1010 6.00 Open to: Completion of 54 credits
<a href="#">HH/GH 3550 3.00</a>	Global Health Architecture	HH/HLST 2020 3.00 or HH/IHST 2000 3.00 or HH/GH 2000 3.00	HH/IHST 3550 3.00	None
HH/GH 4210 3.00	Comparative Global Mental Health	HLST 1010 3.00 or IHST 1010 3.00 or PSYC 1010 6.00 Students must be in an Honors program in the Faculty of Health and have least 84 earned credits	None	None

<a href="#">HH/GH 4900 3.00</a>	Selected Topics in Global Mental Health	Open to: Global Health students and other students by permission who have completed 54 credits	None	None
<a href="#">HH/GH 4910 3.00</a>	Selected Topics in Promoting Global Health	Open to: Global Health students and other students by permission who have completed 54 credits	None	None
HH/GH 4920 3.00	Selected Topics in Social Determinants of Global Health	Open to: Global Health students and other students by permission who have successfully completed 54 credit	None	None
<a href="#">HH/HLST 3520 3.00</a>	Aging: Comparative Perspectives	24 credits at least six of which are in education or the social sciences, or by permission of the instructor	None	None
<a href="#">HH/KINE 3100 3.00</a>	Health Psychology and Kinesiology	PSYC 1010 6.0	HH/PSYC 3170 3.0	PSYC 1010 6.0 required
<a href="#">HH/KINE 3340 3.00</a>	Growth, Maturation & Physical Activity	None	None	None
<a href="#">HH/KINE 3350 3.00</a>	Physical Activity, Health and Aging	KINE 1020 6.00, KINE 2020	None	KINE 1020 and KINE 2020 waived for Global Health students
<a href="#">HH/KINE 4010 3.00</a>	Exercise Physiology	KINE 2011 3.00 and KINE 3012 3.00	None	IHST 1001 3.00 and IHST 1002 3.00 or KINE 2011 3.0 are required pre-requisites for KINE 4010 3.00; KINE 3012 3.00 waived for GH students

<a href="#">HH/KINE 4020 3.00</a>	Human Nutrition	KINE 4010 3.00	None	KINE 4010 3.0 required
<a href="#">HH/KINE 4140 3.00</a>	Nutrition & Human Diseases	KINE 4020 3.00	None	KINE 4020 3.0 required
<a href="#">HH/KINE 4150 3.00</a>	Nutrition and the Life Cycle	KINE 4020 3.00	None	KINE 4020 3.0 required
<a href="#">HH/KINE 4340 3.00</a>	Sport, "Race" and Popular Culture in Canada	KINE 1000 6.00	None	KINE 1000 6.00 waived for GH students
<a href="#">HH/KINE 4370 3.00</a>	Body as Light: Meditation Practices	KINE 1000 6.00.	None	KINE 1000 6.00 waived for GH students
<a href="#">HH/KINE 4485 3.00</a>	Social Determinants of Physical Activity and Health in Canada	KINE 1000 6.00	None	HH/KINE 1000 6.00 waived for GH students
HH/KINE 4565 3.00	Epidemiology of Injury Prevention	KINE 1000 6.0 KINE 2050 3.0,	None	KINE 1000 6.0 waived for GH students; IHST 2010 required for GH students
<a href="#">HH/KINE 4645 3.00</a>	Active Living and Aging	KINE 3350 3.00	None	KINE 3350 3.00 required
<a href="#">HH/KINE 4646 3.00</a>	Delivering Exercise to the Aging	KINE 1020 6.00, KINE 4010 3.00	None	KINE 4010 3.0 required, KINE 1020 waived for GH students
<a href="#">HH/KINE 4560 3.00</a>	Physical Activity and Health Promotion	KINE 1020 6.00	None	KINE 1020 is waived for GH students
<a href="#">HH/KINE 4710 3.00</a>	Psychology of Health and Chronic Disease	PSYC 1010 6.0	ADMS 3750 3.00, PSYC 3170 3.00, PSYC 3440 3.00.	PSYC 1010 6.0 required
<a href="#">HH/KINE/IHST 4720 3.00</a>	Secondary Prevention of Heart Disease	NURS 3515 3.00 or KINE 2049 or IHST 2100	None	IHST 2100 3.0 required
<a href="#">HH/KINE 4900 3.00</a>	Therapy for Chronic Diseases	KINE 4010 3.0,	KINE 4050E 3.00 (prior to Fall/Winter 2001-2002).	KINE 4010 3.0 waived

<a href="#">HH/PSYC 3140 3.00</a>	Abnormal Psychology	PSYC 1010 6.00 with a minimum grade of C and completion of 54 credits	GL/PSYC 3230 3.0	PSYC 1010 6.0 required and completion of 54 credits
<a href="#">HH/PSYC 3170 3.00</a>	Health Psychology	PSYC 1010 6.00 or PSYC 2410 6.00, with a minimum grade of C and completion of 54 credits	PSYC 3440 3.00 (prior to Summer 2002), KINE 3100 3.00, KINE 4050D 3.00 (prior to Summer 1997), KINE 4710 3.00, PSYC 3635 3.00.	PSYC 1010 6.0 required and completion of 54 credits
<a href="#">HH/PSYC 3490 3.00</a>	Adult Development and Aging	PSYC 1010 6.00 with a minimum grade of C and completion of 54 credits	GL/PSYC 3310 3.0	PSYC 1010 6.0 required and completion of 54 credits