

**Faculties of Health, Arts, and Science  
Kinesiology and Health Sciences**

**Course:** KINE 4660.03 Section A

**Term:** Summer Term, 2020

**Prerequisite / Co-requisite:** Introduction to Psychology

**Course Instructor:** Dr. Caroline Davis  
416 736-2100 x77327  
343 Bethune College  
[cdavis@yorku.ca](mailto:cdavis@yorku.ca) Course consultation: **Zoom meetings**

**Teaching Assistant** Elnaz Moghimi, PhD Candidate  
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**Time and Format**

11:30 – 2:30 M-W: Please note that this is a course that depends on remote teaching and learning. There will be no in-class interactions or activities on campus. In addition to a stable, higher-speed Internet connection, students enrolled in this course will need a computer with webcam and microphone, and/or a smart device with these features.

This course is divided into 6 weekly modules. You should begin the course in Week 1 and complete it before moving onto the material available in subsequent weeks. The modules have been organized in sequential order so that the content from one section is necessary to understand the following sections as you move from one to the other. Please complete all the material for a given week by 4:00 on Wed so that you are prepared for the weekly Question & Answer live Zoom meetings that will be held each Wed from 4-5. Other meetings will be scheduled later in the week if required. Please also note that the 2 midterm quizzes will also be administered remotely via Moodle.

**Expanded Course Description**

This course involves formal lectures given by the course director. These recorded lectures, with their accompanying slides, will be posted on Moodle at the beginning of each week. The lectures will be supplemented by a selection of clinical video clips and by readings, which comprise selected journal articles. The required readings are central both to the course and to the course evaluation. These will also be made available on Moodle.

**Course Learning Objectives**

- The primary purpose of the course is to assist students in developing a critical overview of the psychobiological aspects of addictive

behaviours. The course material is research based and will consider both animal experimentation and human studies. It will also present a broad perspective on addiction by considering both substance-abuse disorders and addictive activities like self-starvation, hyperactivity, and compulsive overeating. The last topic will be linked to risk factors for obesity - a current and serious health problem for Canadians.

- A second purpose is to assist in the development of good writing skills by basing the course evaluation largely on essay-format exams, and by the submission of a term paper. Students will also have the opportunity to develop collaborative research skills by working on a group oral presentation on an assigned topic to be given at the end of the term during the specified class time. All preparation for the group presentation will be done remotely via Zoom in Moodle, and will be presented at the end of term to the course director and the TA live via Zoom.

### **Course Text / Readings**

A reading list comprising selected journal articles will be available at the beginning of term and following the 1<sup>st</sup> midterm (for the second half of the course).

### **Evaluation \***

<b>Group Presentation</b>	<b>20%</b>	
<b>Term Paper</b>	<b>15%</b>	
<b>Midterm 1</b>	<b>32.5%</b>	<b>May 27, 2020</b>
<b>Midterm 2</b>	<b>32.5%</b>	<b>June 15, 2020</b>

### **Grading, Assignment Submission, Lateness Penalties and Missed Tests**

**Grading:** The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). All grades will be calculated according to the percentage allocated for that piece of work. For example, the midterm grades will be calculated as a score out of 32.5.

(For a full description of York grading system see the York University Undergraduate Calendar - [http://calendars.registrar.yorku.ca/pdfs/ug2004cal/calug04\\_5\\_acadinfo.pdf](http://calendars.registrar.yorku.ca/pdfs/ug2004cal/calug04_5_acadinfo.pdf))

Students may take a limited number of courses for degree credit on an ungraded (pass/fail) basis. For full information on this option see Alternative Grading Option in the Undergraduate Calendar

**Assignment Submission:** Proper academic performance depends on students doing their work not only well, but on time. Accordingly, assignments for this course must be

received on the due date specified for the assignment. The term paper is to be submitted to the course director via her email address **on or before Wednesday June 24, 2020.**

**Lateness Penalty:** Assignments received later than the due date will be penalized by 1 mark out of 15 per day.

**Missed Tests:** Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., which is confirmed by supporting documentation (e.g., a detailed doctor's letter) may request accommodation from the Course Instructor. The following will apply. **A 2-hour time slot will be scheduled during the final exam period.** Those who miss either Midterm 1 or Midterm 2 will complete a **one hour** make-up exam at this time. Those who miss both midterms will complete a **two hour** exam at this time. The two-hour exam will have twice the number of questions as the one hour exam. The questions will **NOT** be given out in advance, but students will have choice in the questions they have to answer. The exams set at this time will cover the full year's work. Further extensions or accommodation will require students to submit a formal petition to the Faculty of Health.

Students who wish to try and improve their final grade are also able to write the same **one hour** final as those writing the make-up exam. In this case, the sum of Midterm 1, Midterm 2, and the one hour final will be converted to a score out of 65% and will comprise the midterm component of the evaluation.

### **ADDITIONAL INFORMATION**

Students are strongly encouraged to make extensive notes during the lectures because the visual aids are generally graphical or image-based and cannot be used as a comprehensive set of lecture notes.

In addition, please carefully note the following: 1) the recordings must be used for educational purposes only and as a means for enhancing accessibility; 2) students do not have permission to duplicate, copy and/or distribute the recordings outside of the class (these acts can violate not only copyright laws but also FIPPA <https://www.ontario.ca/laws/statute/90f31> and intellectual property rights); and 3) all recordings will be destroyed after the end of classes. Please see the Teaching commons going remote website particularly the section on Copyright and intellectual property at <https://bold.info.yorku.ca/> and <https://copyright.info.yorku.ca/students-reuse-of-teaching-materials-from-york-courses-2/> for some statements to use in your course outline about intellectual property.

### **IMPORTANT COURSE INFORMATION FOR STUDENTS**

All students are expected to familiarize themselves with the following information, available on the Senate Committee on Curriculum & Academic Standards webpage (see Reports, Initiatives, Documents).

[http://www.yorku.ca/secretariat/senate\\_cte\\_main\\_pages/ccas.htm](http://www.yorku.ca/secretariat/senate_cte_main_pages/ccas.htm)

- York's Academic Honesty Policy and Procedures/Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirement accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation