



SCHOOL OF KINESIOLOGY AND HEALTH SCIENCE

FACULTY OF HEALTH

FALL 2023

FOOTBALL
PKIN 0308

INSTRUCTOR: Tom Gretes
341 Bethune College
647-297-9675: email- gretes@yorku.ca

COURSE DURATION: September 6 - November 4, 2023

TIMES: Section A: 10:30-12:00 Wednesday/Friday

LOCATION: South Utility Field (Rain Days (Stong College Lobby))

COURSE DESCRIPTION:

An Introduction to a basic understanding of the game of Football. Emphasis will be placed on learning the basic skills of Football. A general understanding of the rules of the game, skill development and a general understanding of Football strategy and tactics. Position development (QB, WR, RB, DB and the kicking game, field goal and punting) will be learned through drills, practice and touch football games.

COURSE OBJECTIVES:

- 1: To develop an understanding of the game of Football.
- 2: To increase ones knowledge and development of basic Football skills.
- 3: To develop an understanding of basic offensive and defensive systems.

EVALUATION:

1/ Assignment #2: Course Evaluation, Due Sunday Nov. 6,.....	10%
2/ Assignment #1 Position Assignment, Due Sunday Oct 8,.....	15%
3/ Skill Development.....	15%
4/ Par-Q+: Due Sunday September 10,.....	5%
5/Test-Multiple Choice; Friday Nov. 4, 10:30-12:00.....	30%
6/ Attendance/Participation.....	25%
<i>Total</i>	<i>100%</i>



COURSE REQUIREMENTS:

- 1/ Students are responsible for theoretical information covered in class.
- 2/ Dress requirements: Running Shoes, Cleats, proper gym attire, shorts, t-shirts, sweat top bottom. Dress accordingly to the weather. Bring sun screen, water bottle, snack,
- 3/ Any student missing 4 classes (without a medical excuse) will receive a failure in the course.
- 4/ Inform the instructor if you have to miss a class based on an injury or extended illness.
- 5/ Given that this is a Pkin course, students are expected to perform in some physical activity.
- 6/ All students must complete the PARQ-Q+ form before commencement of any physical activity.
- 7/ Additional details for all assignments and evaluation components will be posted on e-Class
- 8/ Footballs and any other equipment will be provided.

TAKE CARE OF YOURSELF:

We are all dealing with tremendous amount of stress, anxiety, fear and uncertainty as a consequence of COVID-19. Please be kind and gentle with yourselves and others during these difficult times. There are a number of online free resources available to help support you. If you need help, the following list of websites may a be a good place to start.

- <https://good2talk.ca/>
- <https://counseling.student.yorku.ca/>
- <https://coronavirus.info.yorku.ca/>
- <https://yorkinternational.yorku.ca/>

ATTENDANCE:

- Miss 1 – Loose 5 Marks]
- Miss 2 – Loose 10 Marks] Without a valid excuse
- Miss 3 – Loose 15 Marks]
- Miss 4 - Fail Class

GRADING SYSTEM:

A+,A,B,C,D,F – Pass/Fail Option

Assignments will bear either a letter grade designation or a corresponding number grade.



Lateness Penalty:

Assignments received later than due date will be penalized 5 marks out of 100 for each day past the due date. Exception to the lateness penalty for valid reasons such as illness, compassionate grounds, etc., may be entertained by the course instructor but will require documentation (e.g., a doctor's letter).

Missed Test:

Students with documented reason for missing a course test, such as illness, compassionate ground, etc., which is confirmed by supporting documentation (e.g. doctor's letter) may request accommodation will require students to submit a formal petition to the faculty.

***Students may choose to exercise the Pass/Fail option. It is the students responsibility to notify the instructor that they wish to exercise the pass/Fail option.

To exercise the Pass/Fail options, students are required to complete and sign the PKIN Pass/Fail Option and submit to the course director***

Academic Integrity:

In the course, we strive to maintain academic integrity to the highest extent possible. Please familiarize yourself with the meaning of academic integrity completing the SPARK'S Academic Integrity module at the beginning of the course. Breaches of academic integrity range from cheating (i.e., the improper crediting of another's work, the representation of another's ideas as your own, etc.) to aiding and abetting (helping someone cheat). All breaches in this course will be reported to the appropriate university authorities, and can be punishable according to the Senate policy on Academic Honesty.

