

Acknowledgement of Indigenous Peoples and Traditional Territories:

York University recognizes that many Indigenous nations have longstanding relationships with the territories upon which our campuses are located that precede the establishment of York University. We acknowledge our presence on the traditional territories of the Mississaugas of Credit First Nation, the Huron-Wendat, the Haudenosaunee Confederacy and the Métis Nation of Ontario.

**YORK UNIVERSITY
BASIC COURSE OUTLINE
KINESIOLOGY AND HEALTH SCIENCE
PRACTICUM COURSE - SOCCER**

Course: PKIN 0328 - Soccer

Course Webpage: *eClass*

Term: Fall 2023

8-week course (Sept 6th – Nov 1st)

Prerequisite / Co-requisite: None

Course Instructor

Stephanie Bowerman, Ph.D.
Email: sbowerma@yorku.ca
Office: 317 Stong College

Course consultation hours

Monday and Wednesday's 12:30pm – 2:30pm

Or by appointment

Time and Location:

Monday & Wednesday

Section A: 9:30am – 11:00am

Section B: 11:00am – 12:30pm

** Location: **Soccer Fields (map posted on eClass)**

This course will be delivered in-person. Full attendance is required.

Location: Soccer Field

Section A: M/W 9:30am - 11:00am

Section B: M/W 11:00am - 12:30pm

NOTE: In case of a bad weather day (e.g., rain/snow), class will continue online either synchronously or asynchronously. If online participation is required, students must participate within 48hrs in order to obtain attendance grade. Please check eClass and your email every morning before the start of class to determine if a bad weather day has been announced.

Health and Safety Information:

In this course, all university community members must comply with York's health and safety protocols, found on the [Better Together](#) website.

All are strongly encouraged to:

- Wear masks while indoors on campus;
- Self-screen using the [YU Screen](#) tool prior to coming to campus for any in-person activities; and
- **NOT** attend in-person activities at any of York's campuses/locations if feeling unwell or if you answer yes to any of the screening questions.

All members of the York community share in the responsibility of keeping others safe on campuses and ensuring respectful interactions with one another.

Take Care of Yourself:

We are all dealing with a tremendous amount of stress, anxiety, fear, and uncertainty as a consequence of the COVID-19 pandemic. Please be kind and gentle with yourselves and others during this difficult period of time. There are a number of online free resources available to help support you. If you need help, the following list of websites (this is not an exhaustive list) may be a good place for you to start:

<https://good2talk.ca/>

<https://counselling.students.yorku.ca/>

<https://coronavirus.info.yorku.ca/>

<https://yorkinternational.yorku.ca/>

Calumet and Stong Colleges' Student Success Programming:

[Calumet](#) and [Stong](#) Colleges aim to support the success of Faculty of Health students through a variety of **free programs** throughout their university career:

- [Orientation](#) helps new students transition into university, discover campus resources, and establish social and academic networks.
- [Peer Mentoring](#) connects well-trained upper-year students with first year and transfer students to help them transition into university.
- [Course Representative Program](#) supports the academic success and resourcefulness of students in core program courses through in-class announcements.
- [Peer-Assisted Study Sessions \(PASS\)](#) involve upper-level academically successful and well-trained students who facilitate study sessions in courses that are historically challenging.
- [Peer Tutoring](#) offers one-on-one academic support by well-trained Peer Tutors.
- Please connect with your Course Director about any specific academic resources for this class.
- Calumet and Stong Colleges also support students' [Health & Wellness](#), [leadership and professional skills development](#), [student/community engagement and wellbeing](#), [Career Exploration](#), [Indigenous Circle](#), [awards and recognition](#), and [provide opportunities to students to work or volunteer](#).
- For additional resources/information about Calumet and Stong Colleges' Student Success Programs, please consult our websites ([Calumet College](#); [Stong College](#)), email

scchelp@yorku.ca, and/or follow us on Instagram ([Calumet College](#); [Stong College](#)), Facebook ([Calumet College](#); [Stong College](#)) and [LinkedIn](#).

- Are you receiving our weekly email (Subject: “Calumet and Stong Colleges - Upcoming events”)? If not, please check your Inbox and Junk folders, and if it’s not there then please contact ccscadm@yorku.ca, and request to be added to the listserv. Also, make sure to add your ‘preferred email’ to your [Passport York personal profile](#) to make sure you receive important news and information.

Technical requirements for taking the course:

Several platforms may be utilized in the course (e.g., eClass, Zoom, YouTube, and video recordings) through which students will interact with the course material, the course director, as well as with one another. Students will be required to submit video components as part of their assignments.

For this to occur, **students will need** stable, higher-speed Internet connection, a computer with webcam and microphone, and/or a smart device with these features as well as a device that can record video and audio. Please review the syllabus to determine how the class meets (in whole or in part), and how office hours and assignments will be conducted.

"Students must make every effort to arrange adequate internet connection, especially for tests. If a student has any specific concerns about their internet connection, they should seek all available options for writing their exam in a location with a stable internet connection. In the event that a student is not confident they can access a reliable internet connection, they should communicate their concerns to their TA/instructor well in advance of the test/exam."

Useful links describing computing information, resources and help for students:

Student Guide to eClass	https://lthelp.yorku.ca/student-guide-to-e-class
Computing for Students Website	https://student.computing.yorku.ca/
Student Guide to eLearning at York University	http://elearning-guide.apps01.yorku.ca/
Learning Skills Services	https://lss.info.yorku.ca/online-learning/
Zoom@YorkU User Reference Guide	http://staff.computing.yorku.ca/wp-content/uploads/sites/3/2012/02/Zoom@YorkU-User-Reference-Guide.pdf
Zoom@YorkU Best Practices	https://staff.computing.yorku.ca/wp-content/uploads/sites/3/2020/03/Zoom@YorkU-Best-Practicesv2.pdf

Course Participation:

This course will be delivered in-person. Course participation includes attendance, active participation, discussions, and group interactions that occur in class. Students will use eClass for communication, assignment submissions, lectures, quiz, etc.

In case of bad weather days, online participation may be required. Students will utilize eClass for course content. Zoom may be used.

Expanded Course Description:

Organization of the Course – The soccer PKIN in the Fall term is offered as a 8-week course. The focus is on the development and understanding of the fundamental movement and sports skills associated with soccer. Basic technical soccer skills be introduced specifically skills that can be practiced individually or in a small group such as ball skills, dribbling, passing and receiving, defending, and attacking. Students will be introduced to FIFA laws of the game, soccer positioning, formations, and soccer tactics. Physical fitness and training related to soccer will be offered and practiced such as training in agility, balance, coordination and speed activities.

This is a practical physical activity course and students are required to actively participate each class to be successful in the course. Participation will be documented through attendance and active participation of soccer sessions, group interactions and discussions. If there is bad weather, online participation is expected and will be monitored as part the daily attendance.

Course Learning Objectives

Purpose of the Course:

The purpose of this practicum is to provide an opportunity for students to demonstrate knowledge and practice skills for the game of soccer. Emphasis will be on learning fundamental movement and soccer skills during active participation and integrating physical activity into daily living. Students will be provided with an overview of the how the game is played, rules and various skills and tactics. Students will apply knowledge of skills through practice, self- evaluations of skill performance and reflections.

Specific learning objectives of the course:

Upon completion of this course, student should be able to:

- 1) Demonstrate the ability to practice fundamental movement, fitness and soccer skills in a soccer environment.
- 2) Demonstrate knowledge of the laws of the game, basic soccer skills, language, tactics and game play used in soccer
- 3) Develop and present in small groups, movement preparation that will contribute to a portion of the soccer warm-up.
- 4) Assess performance, identify areas for improvement and reflect on a given task using self-recorded videos.

COURSE TEXT / READINGS

FIFA Laws of the Game: www.fifa.com

- 1) Laws of the Game (2021/2022) - <https://downloads.theifab.com/downloads/laws-of-the-game-2021-22?l=en>

Evaluation *

Participation (32.5%)

Daily Participation – 13 out of 14 class sessions at 2.5% each

Assignments (52.5%)

Lecture Assignments (4 lectures – 1 assignment) – 7.5%

Warm-up (submitted lesson plan and delivery of in-person warm-up) – 15% (group grade)

Soccer Skills Video Check-in and Self-Evaluations (Pre and Post 15% each) - 30%

Quiz (15%)

Quiz #1 – 15% (online quiz through eClass)

*** Students may choose to exercise the **Pass/Fail option or the Letter Grade**

PASS/FAIL: Students may take practicum (PKIN) courses on a pass/fail basis provided that they apply to do so with the practicum instructor within the **first two weeks of classes**. Students cannot switch between a letter grade and a PASS/FAIL grade once grades have been submitted.

REMINDER: Students require a grade of "C" to pass a PKIN course. The practicum grading scale is A, B, C, F or Pass/Fail option.

To exercise the Pass/Fail option, students are required to complete and sign the PKIN Pass/Fail Option Form and submit to the course director.

Participation:

Daily Participation:

Attendance will be taken at the beginning of each class starting on September 11th. There are 14 possible classes to attend in the Fall term, and 13 out of 14 will be graded. Each class is worth 2.5%.

Students will be assigned in small groups to lead the class in a portion of the group warm-up. Students must be present on the day they are scheduled to receive their daily participation. Students will use the Movement Preparation guide from Sport4Life.

To obtain the participation grade, you must participate in the activities/discussions/group work that is planned for the day. Please ensure that your attendance has been recorded (especially if you were late). Continued tardiness will result in deduction for daily participation. It is the student's responsibility to come to class prepared for movement activity and soccer sessions. This includes proper clothing and footwear that allows you to move freely on the soccer field. Wear clothing that allows for physical activity and accommodates the weather accordingly. Closed toe athletic shoes are required. Shoes must be tied. Soccer cleats and shin guards are not required but will be permitted. No metal cleats allowed.

Last revised: May 8, 2020 by KHS

Please bring water bottle to the field.

NOTE: To receive credit for a practicum course, students must attend and actively participate in a minimum of 80% of the class for the course. **Students who miss more than TWO classes will not pass this course.** It is not enough to attend without participation. Students who attend but do not participate will not receive full attendance for that class. In extenuating circumstances, such as verified illness which prevents full participation, the grading during the term may be changed to Pass/Fail. Student and instructor will agree in writing to the terms for a pass in the course.

In the case when a student is injured or ill, students must communicate with the instructor as early as possible. Each case is unique and will be discussed between the student and the instructor. An alternate assignment may be developed and required to earn participation/attendance grade.

Assignments:

Lecture/Assignment:

There are four short lectures that each student is required to watch. One assignment will be submitted at 7.5%. Students will review each lecture and collect a working document of the assignment. Students will submit the assignment once all four lectures have been viewed and the corresponding assignment is complete. One assignment will be submitted.

Warm-Up Assignment:

Students will lead their peers in an active warm-up (15 mins) that follows the Movement Preparation Guide format. As a group, each group will submit their lesson plan on eClass prior to their presentation day. All students must be present on the day of their scheduled warm-up to receive a grade for that portion of the assignment.

Soccer Skills Video Check-in and Self- Evaluation:

Skill acquisition is a fundamental component of the soccer PKIN. The self-evaluation is not about being able to perform the skill perfectly but having the skills to examine the components of how to execute and evaluate the performance of a skill, identify areas for improvement, suggest an action plan and engage in self-reflection.

There will be two video check-ins/evaluation assignments.

1. Check-in #1 (15%): Students will submit a video performance of an assigned skill/task, self-evaluate their own performance, identify areas for improvement and develop a plan for improvement. Video submission is required.
 - **Due Monday September 25th submitted on eClass.**
2. Check-in #2 (15%): Students will submit a video performance of the assigned skill/task, self-evaluate their own performance, recognize any (or if) improvements were made from the first check-in, identify areas for continued improvement, plan of action. A reflection on and comparison from Check-in #1 and #2 will be made. Video submission is required from both Check-in # 1 and 2.
 - **Due Monday October 30th submitted on eClass.**

Quiz:

One quiz will be held online through eClass during the assigned course time slot (9:30am or 11:00am EST), Section A and B respectively. The test will be on Monday October 23rd.

The **Senate Grading Scheme and Feedback Policy** stipulates that (a) the grading scheme (i.e. kinds and weights of assignments, essays, exams, etc.) be announced, and be available in writing, within the first two weeks of class, and that, (b) under normal circumstances, graded feedback worth at least 15% of the final grade for Fall, Winter or Summer Term, and 30% for 'full year' courses offered in the Fall/Winter Term be received by students in all courses prior to the final withdrawal date from a course without receiving a grade (see the policy for exceptions to this aspect of the policy - <http://secretariat-policies.info.yorku.ca/policies/grading-scheme-and-feedback-policy/>)

Grading, Assignment Submission, Lateness Penalties and Missed Tests

Grading: The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - <http://calendars.registrar.yorku.ca/2010-2011/academic/index.htm>)

Assignment Submission: Proper academic performance depends on students doing their work not only well, but on time. Accordingly, assignments for this course must be received on the due date specified for the assignment. Assignments are to be handed in through the course eClass Page.

Lateness Penalty: Late assignments without advanced approval from the course instructor will incur a late penalty of 1% deduction of the assignment, per day.

Missed Tests: Students with a documented reason for missing a course test, such as illness, compassionate grounds, etc., may request accommodation from the Course Instructor to write the make-up test. Further extensions or accommodation will require students to contact and discuss the request with the Instructor. Student should contact the course instructor before the test date.

ACADEMIC HONESTY AND INTEGRITY

In this course, we strive to maintain academic integrity to the highest extent possible. Please familiarize yourself with the meaning of academic integrity by completing SPARK's Academic Integrity module at the beginning of the course. Breaches of academic integrity range from cheating (i.e., the improper crediting of another's work, the representation of another's ideas as your own, etc.) to aiding and abetting (helping someone else to cheat). All breaches in this course will be reported to the appropriate university authorities, and can be punishable according to the Senate Policy on Academic Honesty.

Last revised: May 8, 2020 by KHS

ADDITIONAL INFORMATION

Participation: To receive credit for a practicum course, students must “attend” and actively participate in a minimum of 80% of the class for the course. Participation includes daily movement and soccer sessions, in-class discussions/group work and interactions. Students can not miss more than two classes to pass this course.

IMPORTANT COURSE INFORMATION FOR STUDENTS

All students are expected to familiarize themselves with the following information, available on the Senate Committee on Academic Standards, Curriculum & Pedagogy webpage (see Reports, Initiatives, Documents) -

<http://secretariat.info.yorku.ca/files/CourseInformationForStudentsAugust2012.pdf>

- Senate Policy on Academic Honesty and the Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirement accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation

Tentative Weekly Course Schedule

Dates	Topic/Session Experience	Readings/Assignment(s)
Wed Sept 6	Course Introduction First Day of Class only - Meet in TBA	(Location to TBA)
Mon Sept 11	Dribbling, Passing, & Short Sided Game	Readings: Laws of the Game 1, 2, 3
Wed Sept 13	Soccer Skills Pre-Assessment Recording (in – class) *** Bring Smart Phone/Device for Recording	Lecture: Positions and Field Markings
Mon Sept 18	Passing and Receiving Rolling Balls	Readings: Laws of the Game 4, 8,
Wed Sept 20	Passing and Receiving Flighted Balls	Lecture: Team Formation/System of Play
Mon Sep 25	Understanding Player Formation, Positions and Responsibilities.0	Readings: Laws of the Game 10, 11, 12 Video Check-in and Self-Evaluation #1 Monday September 25 th
Wed Sept 27	Small-sided games	Lecture: Defensive Tactics
Mon Oct 2	Shielding & defending	Readings: Laws of the Game 13, 14, 15
Wed Oct 4	Defending as a team	Lecture: Offensive Tactics
October 7 – 14	Fall Reading Week No classes	Check out the list of activities to do over reading week to keep yourself moving.
Mon Oct 16	One versus One	Readings: Laws of the Game 16, 17
Wed Oct 18	Skills Post Assessment Recording Day *** Bring Smart Phone/Device for Recording	
Mon Oct 23	Offensive Plays	Quiz #1 - Monday October 23 rd
Wed Oct 25	Game Play – Round Robin	

Mon Oct 30	Game Play – Round Robin	Video Check-in and Evaluation #2 Due Monday October 30 th
Wed Nov 1	TBA (usually this will get filled due to rain days through the fall) *Last Day of Class	