

# York University

**Faculty of Health**

**School of Kinesiology and Health Science**

**PKIN 0330**

**Futsal**

**The aim of this course is to give students a basic analysis of learning the fundamental skills necessary to enjoy and have fun in a team sport environment. The basic technics, tactical skills and strategies will be covered in futsal to help become a better player. Lots of game play to create opportunities and build vision to help understand the game of futsal.**

**Course Instructor:**

**Deborah Fullerton**

**[debfull@yorku.ca](mailto:debfull@yorku.ca)**

**Session:** Winter

**Location:** Main Gymnasium, Tait McKenzie building

**Day & Time:** T/Th 9:30am – 10:30am    **Section:** N

**Dress:** Shorts or track pants and T-Shirt, running shoes (active wear)

**CONTENT:**

- An analysis of basic skill development of futsal dribbling, passing and shooting.
- A basic skill analysis for goalkeepers in gameplay.
- Use of lead up games to practice and develop skills.
- An introduction to some drills in games and set plays necessary to play an organized game.
- Importance and use of rules for all futsal players and goalkeepers in game play.
- Fitness development activities and footwork
- Method of organization to learn tactics and practice game skills
- The value of learning to teach and present basic skills in a Team Sport.

Evaluation: This PKIN is evaluated on a grade level or Pass/Fail option.

Practical: 70% attendance and class participation (50%/20%)

Testing/Assignment: 20% written test

**ATTENDANCE**

Students must attend 80% of PKIN classes to be eligible to pass this course. As this is mainly a participation course, attendance will affect your grade.