

**York University**  
**Faculty of Health**  
**School of Kinesiology and Health Science**

**Course:** PKIN0392

**Games Through The Ages**

**Course Instructor:**

Deborah Fullerton  
[debfull@yorku.ca](mailto:debfull@yorku.ca)

**Location:**

Main Gymnasium

**Tuesday / Thursday**

**Times: 10:30am – 11:30pm, 11:30am – 12:30pm**

**Section: M, N**

**Expanded Course Description:**

The aim of the course is to give students a basic analysis of the learning skills, rules and tactics of ‘Games Through the Ages’ such as Earthball, Tlachi, Indian Kickball, Kabbadi, Ancient Greek Games, Ullama, Quidditch, children’s circle and chanting games, Capture the Flag, Kings court dodgeball and many more ancient games that compare with today’s modern version. This course is for students who are interested in learning to play active, creative and competitive games through fun, theatrics and physicality.

**Course Content:**

- An analysis of skill development of ancient games vs present day development
- To provide students with the opportunity to engage in physical activity through non-traditional games.
- Learning ancient Rules, Modification of rules and their influence on games
- Learning Fitness development activities in ancient times vs present day changes
- Method of organization to learn and practice game skills
- Value of the social, emotional, physical and psychological aspects of ancient games
- Playing, Comparing and adapting the history of games to its modern day version

**Evaluation:**

This PKIN is evaluated on a grade level or Pass/Fail option.

Practical - 70% attendance and class participation (50%/20%)

Project - 30% teaching assignment and write up (20%/10%)

**ATTENDANCE**

Students must attend 80% of PKIN classes to be eligible to pass this course. As this is mainly a participation course, attendance will affect your grade.