

**YORK UNIVERSITY
KINESIOLOGY AND HEALTH SCIENCE
PRACTICUM COURSE**

Course: HH/PKIN 0770: First Aid and CPR Instructor

Course_Webpage: eClass

Term: Winter 2024

Prerequisite: Current Standard First Aid certificate
Strong knowledge and comfort with first aid and resuscitation techniques

Course Instructor Tamara Wood
tamaraws@yorku.ca

Time and Location

Section M Mondays 2:30-5:30
In-person 101A Stong College

Office Hours

Mondays 12:30 -2:30 Please email to arrange.

Organization of the course:

This is a practical course and students will be required to actively participate in each session. Students will be required to demonstrate their skills through in class demonstration, observing and providing feedback to other students. Students will work with the instructor and their peers to increase their knowledge and skill in twice weekly classes.

Expanded Course Description

The First Aid Instructor course will provide students with the opportunity to develop the skills required to teach a variety of first aid courses and CPR certificates to adult learners. This course will explore the knowledge and resources required to organize, plan, and deliver Basic, Emergency and Standard First Aid as well as CPR levels A, B and C to learners.

Students will explore test items, evaluation criteria and performance standards as they practice teaching sections in front of their peers.

Students will gain an understanding of the role and responsibility of an instructor and examiner through giving and receiving feedback from their peers and the instructor. Through practice, observation, and evaluation (self, peer, and instructor) students will develop the required skills to teach a variety of first aid items.

*Please note – students will only be eligible to receive a certification with this course if they meet the skill level and attendance requirements. WSIB mandates that students who do not attend 100% cannot receive certification.

For students who complete the certification, a co-teach/apprentice is required after completion of the course, before applying for a Standard First Aid Examiner certification.

Learning Objectives

Students will have the skills to teach in a variety of environments. They will understand the required evaluation criteria and how to communicate this to their students. They will understand the policies and procedures of the Lifesaving Society and the next steps needed to be certified.

The students will be able to

- Demonstrate, with confidence, the CPR sequences as well as first aid skills in bandaging, splinting, slinging, and rolling as required in the Standard First Aid award.
- Demonstrate comfort and ease with using the First Aid Award Guide
- Perform and practice teaching and evaluating a variety of first aid items
- Develop a variety of teaching techniques appropriate for first aid items
- Can select and demonstrate evaluation methods suitable for first aid skills
- Understand the role and responsibility of a first aid instructor and examiner
- Identify methods to keep themselves and their students safe and use a variety of resources

Course Texts

Lifesaving Society First Aid Award Guide

Optional text

Lifesaving Society First Aid Manual 2020 edition and Lifesaving Society's Instructor Manual

Optional Resource Lifesaving Society First Aid Instructor Resource (*highly recommended)

EVALUATION

First Aid Program Chart	10%	January 22 nd
First Aid Test review	15%	January 29 th
*First Aid skills performance	20%	February 12 th
*Peer Teach #1 - teach first aid knowledge	20%	February 26 th
*Peer Teach #2 – teach first aid skill	20%	March 18 th
Final Test	15%	March 25 th

Grading

Please Note:

Due to the nature of some of the assignments, they must be presented on the date assigned. Failure to present on the assigned date will result in a mark of zero. No late assignments will be accepted.

Practicum courses grading scale is A, B, C, F or Pass/Fail. Practicum courses and grades are listed on the official transcript but are **not calculated** in the cumulative grade point average. Students may choose to exercise the Pass/Fail option. It is the student's responsibility to notify the instructor that they wish to exercise the Pass/Fail option in the last week of the course on the eClass page.

Assignment Submission: Proper academic performance depends on students doing their work not only well, but on time. Accordingly, assignments for this course must be received on

the due date specified for the assignment. Assignments are to be handed in to the course eClass page at the correct date and time. Tests, Quizzes and Exams are all open during scheduled class time.

Lateness Penalty: All assignments must be submitted by the due date(s) and time(s). Otherwise, penalties will be incurred; ½ letter grade per day late will be applied. Assignments marked with * are due on the date assigned, late assignments will not be accepted.

ACADEMIC HONESTY AND INTEGRITY

In this course, we strive to maintain academic integrity to the highest extent possible. Please familiarize yourself with the meaning of academic integrity by completing SPARK's Academic Integrity module at the beginning of the course. Breaches of academic integrity range from cheating (i.e., the improper crediting of another's work, the representation of another's ideas as your own, etc.) to aiding and abetting (helping someone else to cheat). All breaches in this course will be reported to the appropriate university authorities, and can be punishable according to the Senate Policy on Academic Honesty.

ADDITIONAL INFORMATION

Participation: This course is a practicum kinesiology course and therefore active participation is required to be successful

The Kinesiology department mandates that to receive credit for a practicum course student must attend and actively participate in a minimum of 80% of the class for the course.

IMPORTANT COURSE INFORMATION FOR STUDENTS

All students are expected to familiarize themselves with the following information, available on the Senate Committee on Academic Standards, Curriculum & Pedagogy webpage (see Reports, Initiatives, Documents) -

<http://secretariat.info.yorku.ca/files/CourseInformationForStudentsAugust2012.pdf>

- Senate Policy on Academic Honesty and the Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirement accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation