FACULTY OF HEALTH KINESIOLOGY

Course: HH/PKIN 0811 0.00 Clinical Placement in Athletic Therapy I **Course_Webpage**: *eClass*

Term: Fall 2023

Prerequisite:

HH/PKIN 0761 0.00 First Responder for Athletic Therapy I HH/PKIN 0762 0.00 First Responder for Athletic Therapy II HH/KINE 2500 3.00 AT Field Inquiry-Based Tutorial HH/KINE 2501 3.00 AT Field Seminar & Skills HH/KINE 2502 3.00 AT Extremities Inquiry-Based Tutorial HH/KINE 2503 3.00 AT Extremities Seminar & Skills

Course Instructor

Dr. Loriann Hynes, PhD, CAT(C) <u>hynes@yorku.ca</u>

Course consultation hours: Please email to book appointment

Time and Location

- On and off-campus student placements as assigned
- Synchronous & Asynchronous online learning activities through e-Class

Please note that this course includes both online, on and off-campus activities.

Expanded Course Description

This blended experiential education course for 2nd year Athletic Therapy students includes placement opportunities and online learning activities. Students will be involved in hands-on experience as they are introduced to the clinical and field aspects of athletic therapy. Students will be assigned to the York Sport Injury Clinic or a designated off-campus placement. Clinical experience involves students taking part in weekly clinic shifts where they will work directly with injured athletes. Field experience involves students being assigned to a sport team where they will attend practices and games working alongside 2nd and/or 3rd year Athletic Therapy Students.

Course Objectives

The purpose of this course is to introduce students to clinical and field competencies related to the profession of Athletic Therapy. Students will be able to interact with injured athletes and Last revised: May 8, 2020 by KHS

practice skills under supervision related to neuromusculoskeletal evaluation, treatment and rehabilitation using evidence-based approaches.

The specific outcomes of the course are that students will be able to:

Clinical

- Use appropriate history-taking skills to effectively gather relevant patient information.
- Use appropriate terminology to effectively communicate findings to the patient and relevant stakeholders, including the patient's family.
- Integrate subjective clinical outcome measures into athletic therapy practice.
- Employ techniques and procedures for neuromusculoskeletal (NMSK) evaluation of common athletic injuries of the extremities with supervision
- Obtain consent and establish professional therapeutic relationships with patients.
- Reflect on personal competence and integrate external feedback to create a professional development plan that promotes lifelong learning.

Field

- Detect life-threatening conditions by performing an effective primary assessment
- Recognize when emergency medical services are necessary for patient care based on the primary assessment.
- Appraise the patient's readiness for participation based on sport/activity requirements.
- Construct and implement an effective heat illness prevention program.
- Apply prophylactic techniques to promote primary injury prevention (for example, taping).

COURSE TEXT / READINGS

There are no required texts for this course. Students may refer to the following texts:

- Anderson, M.K., Parr, G.P. & Hall, S.J. (2013). Foundations of Athletic Training, (5th Ed). Phil., PA:
- Lippincott, Williams & Wilkins. Magee, D. (2006). Orthopedic Physical Assessment. St. Louis: MO: Elsevier.
- Kendall, F.P., McCreary, E.K., & Provance, P.G. (2005). Muscles: Testing and Function, (5th Ed). Philadelphia: Williams and Wilkins.
- Prentice, W.E. (2008). Arnheim's Principles of Athletic Training, (15th Ed). Toronto: McGraw Hill

Additional readings may be assigned or recommended during the course.

Digital content:

This course requires the use of JaneApp and Physitrack programs.

EXPERIENCE YORK

Students will track field and clinical practicum hours through the Experience York (EY) online portal. Field and clinical hours will be tracked separately per week. The EY portal will provide a documented record of your experiential education in the Athletic Therapy Program. A link to the EY portal will be provided on eClass.

Item	Weighting	Due date
Learning Contract		
Fall Draft	10%	September 29 th
Fall Review	5%	November 24 th
		Scheduled meetings
Attendance on Zoom meetings	5%	throughout the
		semester
One-on-One Check-ins	5%	November 27 th -
		December 1 st
Assignment		
Heat Illness Prevention Program	10%	October 16 th
Online Modules		
Physitrack	10%	Submit by
Hand Hygiene		October 6 th
SafeSport Training		
Concussion Awareness		
Clinical Educator Evaluations		
Practical Supervisor Evaluations	25%	Nov 24 th (Oct/Nov)
Final Practical	30%	Week of Nov 21 st

Technical requirements for taking the course:

Several platforms will be used in this course (e.g., eClass, Zoom, Physitrack., JaneApp) through which students will interact with the course materials, the course director / TA, as well as with one another. Please review the syllabus to determine how the class meets (in whole or in part), and how office hours and presentations will be conducted. Students shall note the following:

Zoom is hosted on servers in the U.S. This includes recordings done through Zoom.

- If you have privacy concerns about your data, provide only your first name or a nickname when you join a session.
- The system is configured in a way that all participants are automatically notified when a session is being recorded. In other words, a session cannot be recorded without you knowing about it.

Technology requirements and FAQs for eClass can be found here <u>https://lthelp.yorku.ca/95440-student-faq</u>

A way to determine Internet connection and speed: there are online tests, such as <u>Speedtest</u>, <u>https://www.speedtest.net/</u> that can be run.

Organization of the course: Online learning activities will be done asynchronously.

Student Guide to eClass	https://lthelp.yorku.ca/95440-student-faq	
Computing for Students Website	https://student.computing.yorku.ca/	

Student Guide to eLearning at York University	http://elearning-guide.apps01.yorku.ca/
Learning Skills Services	https://lss.info.yorku.ca/online-learning/
Zoom@YorkU User Reference Guide	http://staff.computing.yorku.ca/wp- content/uploads/sites/3/2012/02/Zoom@YorkU- User-Reference-Guide.pdf
Zoom@YorkU Best Practices	https://staff.computing.yorku.ca/wp- content/uploads/sites/3/2020/03/Zoom@YorkU- Best-Practicesv2.pdf

The **Senate Grading Scheme and Feedback Policy** stipulates that (a) the grading scheme (i.e. kinds and weights of assignments, essays, exams, etc.) be announced, and be available in writing, within the first two weeks of class, and that, (b) under normal circumstances, graded feedback worth at least 15% of the final grade for Fall, Winter or Summer Term, and 30% for 'full year' courses offered in the Fall/Winter Term be received by students in all courses prior to the final withdrawal date from a course without receiving a grade (see the policy for exceptions to this aspect of the policy - <u>http://secretariat-policies.info.yorku.ca/policies/grading-scheme-and-feedback-policy/</u>

"Final course grades may be adjusted to conform to Program or Faculty grades distribution profiles."

Grading, Assignment Submission, Lateness Penalties and Missed Tests

Grading: The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A + = 9, A = 8, B + -7, C + = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A + = 90 to 100, A = 80 to 90, B + = 75 to 79, etc.)

(For a full description of York grading system see the York University Undergraduate Calendar - <u>http://calendars.registrar.yorku.ca/2010-2011/academic/index.htm</u>

Assignment Submission: Proper academic performance depends on students doing their work not only well, but on time. Accordingly, assignments for this course must be received on the due date specified for the assignment. Assignments are to be handed in via eClass.

Lateness Penalty: Assignments received later than the due date will be penalized by 5% per day that assignment is late. Exceptions to the lateness penalty for valid reasons such as illness, compassionate grounds, etc., may be entertained by the Course Instructor but will require supporting documentation (e.g., a doctor's letter).

ACADEMIC HONESTY AND INTEGRITY

In this course, we strive to maintain academic integrity to the highest extent possible. Please familiarize yourself with the meaning of academic integrity by completing SPARK's <u>Academic Integrity</u> <u>module</u> at the beginning of the course. Breaches of academic integrity range from cheating (i.e., the improper crediting of another's work, the representation of another's ideas as your own, etc.) to aiding and abetting (helping someone else to cheat). All breaches in this course will be reported to the appropriate university authorities, and can be punishable according to the <u>Senate Policy on Academic Honesty</u>.

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ADDITIONAL INFORMATION

This course requires students to attend games and practices for the varsity sport team to which they are assigned. These events may occur on and off campus on evenings, weekends, winter break, reading week. Students will receive their team schedule with advanced notice and are expected to attend team practices and games.

All students are expected to familiarize themselves with the following information, available on the Senate Committee on Academic Standards, Curriculum & Pedagogy webpage (see Reports, Initiatives, Documents) -

http://secretariat.info.yorku.ca/files/CourseInformationForStudentsAugust2012.pdf

- Senate Policy on Academic Honesty and the Academic Integrity Website
- Ethics Review Process for research involving human participants
- Course requirement accommodation for students with disabilities, including physical, medical, systemic, learning and psychiatric disabilities
- Student Conduct Standards
- Religious Observance Accommodation