

**PSYC 1010 6.0 B: INTRODUCTION TO PSYCHOLOGY  
FALL/WINTER, 2014-2015**

**Instructor:** Dr. Rebecca Jubis

**Office:** Rm. 251 B.S.B. (Behavioural Sciences Building)

**Office Hours:** By appointment

**Secretary:** Agnes Levstik, located in Rm 281 BSB, phone: 416-736-5125

**Email:** jubis@yorku.ca. Be sure to indicate your course and section, and sign with your full name.

**Website:** Go to: <https://moodle.yorku.ca>  
Log in with your Passport York account  
Click on the course  
If you require assistance in accessing the website, please contact  
ithelp@yorku.ca or call 416-736-5800 (I will not be able to help)

It is important that you logon to Moodle. If you do not, you will not have access to important course information or to your grades, and you will not receive important notifications/reminders that I email to the class.

**Teaching Assistant Information:** soon to be posted on Moodle

	<u>Time</u>	<u>Location</u>
<b><u>Lectures:</u></b>	Tuesday and Thursday 11:30-1:00	CLH-I

**Course Description:**

This course is designed to provide you with a broad overview of the field of Psychology. We will begin by examining research methods that are commonly used in Psychology and this will be followed by an examination and comparison of the different perspectives that have been adopted for viewing and interpreting human behaviour. Some of the topics that will be covered are: Freudian theory, biological aspects of behaviour, personality, memory, motivation, social influence, learning, and psychological disorders

**Required Text:**

**Myers, David. G. (2014). Psychology: 10th edition in Modules. Special Update for DSM-5 version. Worth Publishers.**

This version of the text has a red stamp on the cover that says “Special Update for DSM-5”.

**IMPORTANT:** The above-mentioned updated version of the 10<sup>th</sup> edition is very similar to the earlier 10th edition (2013), but substantial changes have been made to Modules 47-51 in this updated version. Tests will be based upon the “DSM-5 Updated version” of the text and if you choose to use other versions of the text, “use at your own risk”.

This **textbook** is available in either a “loose-leaf” or a “hard cover” version (the loose-leaf version being the least costly), and is bundled with a **Study Guide** (containing practice test questions) and **LaunchPad. LaunchPad**, which is an excellent tool for studying and testing your understanding of course material, contains tutorials, quizzes, animations, flashcards, vocabulary and worksheets. Be sure to make good use of it!!

**To activate LaunchPad go to:**

<http://www.macmillanhighered.com/launchpad/myers10einmodulesdsm5/740076>

**and enter your access code that was provided when you purchased the textbook.** If you don't have an access code, you can go to this site and purchase one.

## **READINGS (in order of instruction) AND TEST SCHEDULE**

### **FALL TERM:**

#### **INTRODUCTION TO THE HISTORY AND SCIENCE OF PSYCHOLOGY**

Module 1 – The Story of Psychology

Module 2 – Thinking Critically with Psychological Science

Module 3 – Research Strategies

#### **PERSONALITY**

Module 40 – Psychodynamic Theories

Module 41 – Humanistic Theories

Module 42 – Trait Theories, Social-Cognitive Theories and the Self

#### **TEST 1A – TUESDAY, OCTOBER 21 (worth 10%)**

**Modules 1-3**

#### **TEST 1B – THURSDAY, OCTOBER 23 (worth 10%)**

**Modules 40-42; Video #14**

#### **LEARNING**

Module 20 – Basic Learning Concepts and Classical Conditioning

Module 21 – Operant Conditioning

Module 22 – Effects of Biology and Cognition, and Learning by Observation

#### **SOCIAL PSYCHOLOGY**

Module 43 – Social Thinking

Module 44 – Social Influence

Module 45 – Antisocial Relations

Module 46 – Prosocial Relations (Pg 608-617 only)

#### **CONSCIOUSNESS AND THE TWO-TRACK MIND**

Module 7 – Brain States and Consciousness

Module 8 – Sleep and Dreams

Module 9 – Hypnosis

Module 10 – Drugs and Consciousness

THE BIOLOGY OF MIND

Module 4 – Neural and Hormonal Systems

Module 5 – Tools of Discovery and Older Brain Structures

Module 6 – The Cerebral Cortex and Our Divided Brain

**TEST 2A – THURSDAY, NOVEMBER 27 (worth 10%) (no class on Tues, Dec 2 because it's an official study day)**

**Modules 20-22; Modules 43-46 (but only pg 608-617 in Module 46)**

**TEST 2B – THURSDAY, DECEMBER 4 (worth 10%)**

**Modules 7-10; Modules 4-6; Video #19**

WINTER TERM:

**ASSIGNMENT - due TUESDAY, FEBRUARY 10 (must be handed in during class; TAs will be present to “sign in” the assignment) (worth 16%)**

**OPTIONAL EXPERIENTIAL EXERCISE – due THURSDAY, FEBRUARY 26 and must be handed in during Test 3B. This exercise is optional but is worth a bonus 2% to be added to your final grade.**

MEMORY

Module 23 – Studying and Building Memories

Module 25 – Retrieval

Module 26 – Forgetting, Memory Construction and Improving Memory

(OMIT Module 24)

THINKING, LANGUAGE AND INTELLIGENCE

Module 27 – Thinking

Module 28 – Language and Thought

Module 29 – Introduction to Intelligence

Module 30 – Assessing Intelligence

Module 31 – Genetic and Environmental Influences on Intelligence

MOTIVATION AND WORK, also EMOTIONS

Module 32 – Basic Motivational Concepts and Hunger

Module 33 – Sexual Orientation ONLY (section 33-4 on pg 442-448)

Module 34 – Motivation at Work

Module 35 – Introduction to Emotion

Module 36 – Expressed Emotion

Module 37 – Experienced Emotion

**TEST 3A – TUESDAY, FEBRUARY 24 (worth 10%)**

**Modules 23, 25, 26; Modules 27-28**

**TEST 3B – THURSDAY, FEBRUARY 26 (worth 10%)**

**Modules 29-31; Modules 32-37 (but only section 33-4 for Module 33); Video #16**

**\*\*Remember, your “experiential exercise” must be handed in during Test 3B\*\***

**EMOTIONS, STRESS AND HEALTH**

Module – 38 – Stress and Health

Module – 39 – Promoting Health

**PSYCHOLOGICAL DISORDERS**

Module 47 – Introduction to Psychological Disorders

Module 48 – Anxiety Disorders

Module 49 – Mood Disorders

Module 50 – Schizophrenia

Module 51 – Dissociative, Personality, and Eating Disorders

**THERAPY**

Module 52 – The Psychological Therapies

Module 53 – Evaluating Psychotherapies

Module 54 – The Biomedical Therapies

**SENSATION AND PERCEPTION**

Module 17 – Basic Principles of Sensation and Perception

Module 18 – Vision, and Perceptual Organization and Interpretation

Module 19 – Nonvisual Senses

**DEADLINE for viewing Assignment/Tests – THURSDAY, MARCH 19****TEST 4A – TUESDAY, MARCH 31 (worth 10%)****Modules 38-39; Modules 47-51****TEST 4B – THURSDAY, APRIL 2 (worth 10%)****Modules 52-54; Modules 17-19; Video #23****Supplemental Materials Posted on Moodle:**

Lecture notes, taken by teaching assistants, will be posted on Moodle, but they should not be considered a substitute for attending classes.

Under the different topic headings posted on Moodle, you will find additional helpful and interesting resources that relate to course material. These include exercises to test your understanding of the textbook material, and short video-clips that demonstrate some of the concepts presented in the text. (You will not be tested on this material, but I urge you to check it out).

**On-Line Open-Forum Discussion:**

You are strongly encouraged to participate in this general discussion forum on Moodle where you are free to discuss with classmates, course-related issues or any psychology-related topic or concern. Discussions will be monitored regularly by a teaching assistant.

**METHODS of EVALUATION:**

There will be 8 tests, 1 assignment, URPP participation, and an optional “experiential exercise”.

## A) TESTS

There will be a total of 8 tests, each will consist of 60 multiple-choice questions, and each will be worth 10%. **Don't let the number of tests scare you!** Because lectures are only 90 mins long rather than 3 hours, tests must be relatively short. Consequently, you will have 2 short tests over two consecutive classes and this means that you will have less material to study at once for a given test. The first test will be designated with an "A", the second with a "B". For example "Test 1A" and "Test 1B". For testing purposes, you are responsible for assigned modules in the text (even if the material was not covered in class), and material presented in lectures and videos. (Videos are discussed below). Each test will contain one or two multiple-choice questions from each assigned video.

**IMPORTANT: York photo ID (YU-card preferable) is required to write all tests.**

Tests/assignments are not returned to students, however, you can make arrangements with your TA to view them. To do so, you will **need to produce photo ID. The deadline to view your work is Thursday, March 19.**

### Missed Tests:

If you are unable to write a test for medical reasons or personal crisis, **you must notify your teaching assistant** by email **NO LATER THAN 48 HOURS** after the test. Also, you must have appropriate documentation for your absence. **If you miss a test for medical reasons, your physician must complete the "Attending Physician's Statement" form that can be downloaded from Moodle. To be deemed valid, the document should contain the office stamp and be dated close to the time of illness. Alternative medical notes will not be accepted.** Hand in your documentation to your teaching assistant at the time of the make-up test. You will NOT be allowed to write a make-up test under any other circumstances! I would strongly advise against writing a test if you are ill, because grades will **NOT BE ADJUSTED** after-the-fact to compensate for such circumstances.

### Make-up Tests:

Make-up tests are typically scheduled about one week after the test week. If you miss both tests in the given "test week" (for example, both Test 1A and Test 1B), you will be writing both tests back-to-back in the same make-up test session.

### Test Accommodations for Persons with Disabilities:

If you are registered with the Counselling and Disability Services (CDS) and will be writing your tests through "alternative exams" (arranged by the Registrar's Office), you must provide me with your letter of accommodation at the beginning of the course. It is important that, at the **beginning of the year, you schedule ALL eight tests with that office.** If you miss a test, you must make arrangements immediately to write a make-up test, and you must provide me with your documentation for missing the test.

## B) ASSIGNMENT:

There will be one assignment worth 16% of your grade, and it's due during lecture on Tuesday, Feb 10, 2015. Since all tests are multiple-choice, this assignment will constitute a "written component" and provide you with the opportunity to apply some of the concepts that you have learned. All of the information needed to complete the assignment can be found in the text, or it was discussed in lecture.

TAs will be present in class to "sign in" the assignment. Any assignment that is not handed in during lecture will be considered late and there will be a 5 mark penalty for each day late.

Thursday, Feb 12 is the last day on which the assignment will be accepted. You are expected to work on the assignment independently, and you should refrain from posting any answers on the discussion board (which will be monitored regularly). I suggest that you check out the “Academic Honesty” link on Moodle to ensure that you have a good understanding of what is considered to be plagiarism.

### **C) UNDERGRADUATE RESEARCH PARTICIPATION POOL (URPP)**

The Department of Psychology requires that students earn 4% of their final grade by participating in research. This research is conducted by faculty and graduate students and has received ethical approval. The types of studies are quite varied and a number of them are on-line studies. This 4% is earned by participating in research for a total of 6 hrs (6 credits). You can earn 3 credits (2%) by participating for 3 hrs in the fall term and earn another 3 credits (2%) by participating for 3 hrs in the winter term. **IMPORTANT: you cannot earn all 6 credits (4%) in just one term. If you complete all 6 credits in the fall, or all 6 credits in the winter, you will earn only 2% and NOT 4%. Also, if you earn 3.5 credits in the fall, for instance, the .5 credits will NOT be carried over into the winter term.**

You are strongly encouraged to partake in this research. Not only does it give you the opportunity to experience what types of studies are conducted in Psychology, but 4% can make a difference in your letter grade! Do not wait until the last minute to participate because your choices might be limited, and all available studies might be filled.

**URPP opens on Sept. 8 and the deadline for participation for the fall term is Dec. 22.**

If you prefer not to participate in research, you can choose to participate in the “**paper stream**” option instead. For this alternative, you must analyse a published psychology research report that will be assigned to you by the URPP office, after you **notify them of your preference for this option**. Depending upon the quality of your responses, you can earn up to 4% of your final grade. **IF YOU CHOOSE THIS “PAPER STREAM” OPTION, YOU MUST NOTIFY URPP at [urpp@yorku.ca](mailto:urpp@yorku.ca) BY OCTOBER 6.**

A link to URPP information will be set up on our course website as soon as that information becomes available. It will provide you with instructions about how to register with URPP, important URPP rules, as well as important dates and deadlines. In addition, a URPP representative will soon be visiting the class to provide details.

Be sure to provide your correct **course section** when you register with URPP or you may not receive credit for your participation.

### **D) OPTIONAL “EXPERIENTIAL” EXERCISE (posted on Moodle)**

This **one-page exercise** is intended to encourage you to have a more direct experience with some psychological concepts, and a greater appreciation of how psychological variables impact your everyday lives.

Partaking in this exercise will also give you a chance to earn a **BONUS 2% to be added onto your final overall grade** (over and above the 100% accounted for by tests, the assignment and URPP participation). There is no obligation to complete this exercise, but if your final grade is borderline, this 2% bonus could raise your mark to a higher letter grade. All that is required is for you to submit a 1-page report.

**Due date: In class on Thurs., Feb. 26 (when you write Test 3B)**

**Videos:**

You will be required to view a few videos that are relevant to some of the topics that we will be covering. These 25-min long videos are available on-line. One or two multiple-choice questions from a given video will be asked on a test, and the questions will be quite general in nature.

To view the videos, go to: <http://www.learner.org/resources/series138.html> and click on the “VoD” icon located on the right of the video title. If you have trouble accessing the videos this way, try to simply google the title.

<b><u>Video #</u></b>	<b><u>Title</u></b>	<b><u>Test</u></b>
14	The Mind Hidden and Divided	Test 1B
19	The Power of the Situation	Test 2B
16	Testing and Intelligence	Test 3B
23	Health, Mind and Behaviour	Test 4B

**EVALUATION SUMMARY:**

**TEST 1A – TUESDAY, OCTOBER 21** (worth 10%)

Modules 1-3

**TEST 1B – THURSDAY, OCTOBER 23** (worth 10%)

Modules 40-42; Video #14

**TEST 2A – THURSDAY, NOVEMBER 27** (worth 10%) (**Note:** Tues, Dec 2 is an official study day and there are no classes)

Modules 20-22; Modules 43-46 (but only pg 608-617 in Module 46)

**TEST 2B – THURSDAY, DECEMBER 4** (worth 10%)

Modules 7-10; Modules 4-6; Video #19

**ASSIGNMENT –due TUESDAY, FEBRUARY 10 in lecture** (will be “signed in” by TAs during lecture) (worth 16%)

**OPTIONAL EXPERIENTIAL EXERCISE- Due in class on Thursday, February 26 when you write Test 3B.** (worth a BONUS of 2% to be added to your overall final grade).

**TEST 3A – THUESDAY, FEBRUARY 24** (worth 10%)

Modules 23, 25, 26; Modules 27-28

**TEST 3B – THURSDAY, FEBRUARY 26** (worth 10%)

Modules 29-31; Modules 32-37 (but only section 33-4 for Module 33); Video #16

**\*\*Remember, your “experiential exercise” must be handed in during Test 3B\*\***

**TEST 4A – TUESDAY, MARCH 31** (worth 10%)

Modules 47-51; Modules 38-39

**TEST 4B – THURSDAY, APRIL 2 (worth 10%)**

Modules 52-54; Modules 17-19; Video #23

**URPP** – (Research Participation) (worth 4%)

**Please Note:**

If you require a particular grade in this course, please work now towards attaining it. This course does not offer extra assignments or tests at the end of the course to accommodate students who are a few marks short of their desired grade.

A letter grade will be “rounded up” when calculating your overall final grade if your final percentage ends in .50 or higher. For example, if your final grade is 74.50% it will be rounded up from a B to a B+. However, if your final percentage is 74.38% for example, your letter grade will remain a B. You must draw the line somewhere and .50% is the designated cut-off.

*The last day to withdraw from the course so that your grade does not appear on your transcript is Friday, February 6, 2015.*

**Marking Scheme Used In This Course:**

A+	90 and above
A	80-89
B+	75-79
B	70-74
C+	65-69
C	60-64
D+	55-59
D	50-54
E	40-49
F	below 40

A regulation has been passed by the Senate of York University stating that students require a **minimum grade of C (4.0) in PSYC. 1010 6.0** to be allowed to pursue a degree in Psychology, or to enrol in further Psychology courses even if they do not plan to major in Psychology.

**Cheating:**

**Don't even consider it....it's not worth it!! York University considers cheating and plagiarism a serious offence, and penalties are harsh.**

Please go to: [www.yorku.ca/academicintegrity/students/index.htm](http://www.yorku.ca/academicintegrity/students/index.htm) and read the **Senate Policy on Academic Honesty** and complete the **Online Tutorial on Academic Integrity**. (There is a link to this on Moodle).