### Faculty of Health

## **Department of Psychology**

#### PSYC 1010 6.0 Section G: INTRODUCTION TO PSYCHOLOGY

# Tuesday & Thursday/1 p.m. – 2:30 p.m./Online via Zoom

2021-2022

This course consists of lectures that will be recorded and available on Tuesday and Thursdays at 1 p.m.. The lectures are recorded live from 11:30-1 p.m. in ACE 102 with another section (identical content). You will have the opportunity of attending these classes in the Fall. We will create a waitlist for those who would like to attend in person.

In January 2022, we resume in-person. A classroom will be provided. The lectures will continue to be recorded.

#### Instructor and T.A. Information

Instructor: Myriam Mongrain Email: <a href="mailto:mongrain@yorku.ca">mongrain@yorku.ca</a>

TAS	TA EMAIL	OFFICE HOURS
Al-Bayati, Assel	assel97@yorku.ca	By appointment
Giovannini, Gregory	gregorex@yorku.ca	By appointment
Kian, Alan	akian@yorku.ca	3- 4 p.m. Thursday
Martin, Zoe (they/them)	kzmartin@yorku.ca	By appointment

Course Prerequisite(s): None

**Course Credit Exclusions: Refer to York Courses Website** 

Course website: eClass https://eclass.yorku.ca/eclass/course/view.php?id=56247

eClass will be your central access point for all course materials.

- Course outline
- Zoom links for each lecture
- Lecture recordings
- Lecture slides
- TAs information
- Discussion forums

#### **Course Description**

We discuss findings in psychology and the methods that psychologists use to unravel the mysteries of human behaviour. Topics include the biological bases of behaviour, learning, memory, perception, intelligence, motivation and emotion, development across the lifespan, personality, health psychology, psychological disorders and psychotherapy.

#### **Program Learning Outcomes**

Upon completion of this course, students should be able to:

- 1. Define psychology and explain how it meets the criteria of science.
- 2. Recognize key concepts, methods, theories and assumptions in psychology.
- 3. Describe basic characteristics of the scientific method in psychology.
- 4. Discern differences between personal views and scientific evidence.

### **Specific Learning Objectives**

Students will be able to understand and explain human behaviour from biological, evolutionary, learning, developmental and sociocultural perspectives.

#### **Required Text**

Weiten & McCann (2021). Psychology: Themes and Variations, 6th Canadian Edition.

Optional: Library kit includes concept charts and Mind Tap (online study tool).

#### **Course Requirements and Assessment:**

Assessment	Date of Evaluation (if known)	Weighting
Midterm #1 (Multiple Choice)	October 19 and 21	20%
Midterm #2 (Multiple Choice)	November 30 and December 2	20%
Midterm #3 (Multiple Choice)	March 1 and 3	25%
Final (Multiple choice and short answers)	TBD Final evaluation period April 12-29	31%
Research Participation URPP	2% each semester	4%
Total	·	100%

#### **Research Participation**

- 4% of your grade comes from your participation in the URPP (Undergraduate Research Participant Program). Contact urpp@yorku.ca)
- For more details check their website.
   https://www.yorku.ca/health/psychology/research/undergraduate-research-participant-pool/

#### **Midterm Policy**

Each midterm includes two test administrations. You have the opportunity to write the test on the Tuesday and a different version again on the Thursday. We take the best grade out of the two. If you

miss one day, we will use the grade from the other day. If you miss both days and have appropriate documentation, the content of the test will be written during the final exam period.

#### **Missed Tests/Midterm Exams**

For any missed quiz or late assignment, students MUST complete the following online form within 48 hours of the original deadline.

HH PSYC: Missed Tests/Exams Form. Failure to complete the form will result in a grade of zero for the missed quiz or late assignment.

#### **Grading as per Senate Policy**

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+=9, A=8, B+=7, C+=5, etc.). Tests will bear either a letter grade designation or a corresponding number grade (e.g. A+=90 to 100, A=80 to 89, B+=75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar – Grading Scheme for 2021-22

#### Add/Drop Deadlines

For a list of all important dates please refer to: Fall/Winter 2021-22 Important Dates

	Fall (Term F)	Year (Term Y)	Winter (Term W)
Last date to add a course <b>without permission</b> of instructor (also see Financial Deadlines)	Sept. 21	Sept. 21	Jan. 23
Last date to add a course <b>with permission</b> of instructor (also see Financial Deadlines)	Oct. 5	Oct. 26	Feb. 7
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 12	Feb. 11	18-Mar
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	Nov. 13 - Dec. 7	Feb. 12 - April 10	March 19 - April 10

### Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the Refund Tables.

You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system.

After that date, you must contact the professor/department offering the course to arrange permission.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may withdraw from a course using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

### **Academic Integrity for Students**

York University takes academic integrity very seriously; please familiarize yourself with Information about the Senate Policy on Academic Honesty.

It is recommended that you review Academic Integrity by completing the <u>Academic Integrity</u> <u>Tutorial and Academic Honesty Quiz</u>

#### **Test Banks**

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt to gain an improper advantage in an academic evaluation" (article 2.1.1 from the Senate Policy) and/or "encouraging, enabling or causing others" (article 2.1.10 from the Senate Policy) to cheat.

#### **Academic Accommodation for Students with Disabilities**

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with Student Accessibility Services (SAS) to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary.

https://accessibility.students.yorku.ca/

#### Course Materials Copyright Information:

These course materials are designed for use as part of the HH/PSYC 1010 6.0 B & G course at York University and are the property of the instructor unless otherwise stated. Copying this material for distribution (e.g. uploading material) may lead to a violation of Copyright law. **Intellectual Property Rights Statement.** 

## FALL TERM 2021

# LECTURE TOPICS AND REQUIRED READINGS

<u>Date</u> September 9	<u>Topic</u> Introduction	Chapter in Textbook Ch. 1
September 14 & 16	Domain of Psychology Research Methods	Ch. 1 & 2
September 21 & 23	Biological Basis of Behaviour	Ch. 3
September 28 & 30	Perception	Ch. 4
October 5 & 7	Dreams	Ch. 5
October 12 & 14	Reading Week	No class
October 19 & 21	Midterm #1 (20%)	Chapters 1,2,3,4
000000113 @ 21	Wildlettii #1 (2070)	text and lecture material
November 2 & 4	Learning	• • • • • • • • • • • • • • • • • • • •
		text and lecture material
November 2 & 4	Learning	text and lecture material Ch. 6
November 2 & 4  November 9 & 11	Learning	text and lecture material Ch. 6 Ch. 7
November 2 & 4  November 9 & 11  November 16 & 18	Learning Memory Thinking	text and lecture material Ch. 6 Ch. 7 Ch. 8

Lectures resume January 11<sup>th</sup>, 2022.

# WINTER TERM 2022: LECTURE TOPICS AND REQUIRED READINGS

<u>Date</u> January 11 & 13	<u>Topic</u> Motivation	Chapter in Textbook Ch. 10
January 18 & 20	Emotion	Ch. 10
January 25 & 27	Child Development	Ch. 11
February 1 & 3	Adolescence and Adulthood	Ch. 11
February 8 & 10	Personality	Ch. 12
February 15 & 17	Stress & Health	Ch. 14
February 22 & 24	Reading Week	No Classes
March 1 & 3	Midterm 3 (25%)	Chapters 10, 11, 12, 14
		Text and lecture material
March 8 & 10	Social Influences on Behaviour	Ch. 13
March 15 & 17	Social Interaction	Ch. 13
March 22 & 24	Psychological Disorders Part 1	Ch. 15
March 29 & 31	Psychological Disorders Part 2	Ch. 15
April 5 & 7	Treatment of Psychological Disorders	Ch. 16
TBD Final Exam Period	Final Exam	Chapters 13, 15, 16
(April 12-29)		90% of the exam is from Ch. 13-15 and lectures since last midterm 10% of exam is from lectures from January 11 to February 24, 2022.