

**Faculty of Health**  
**Department of Psychology**  
**PSYC 3140 3.0 Section M: Psychological Health, Distress, & Impairment**  
**Tuesdays and Thursdays 2:30 – 5:30 PM**  
**Summer 2 2024**

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**Instructor and T.A. Information**

Instructor: Peter Papadogiannis, Ph.D.

Email: [papa30@yorku.ca](mailto:papa30@yorku.ca)

Office Hour: Thursdays @ 5:30 pm in BSB 256

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| <b>T.A.</b> | Christina Carrier  | Katie Benitah  |
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|             | <b>A to L</b>  | <b>M to Z</b>  |

**Course Prerequisite(s): Course prerequisites are strictly enforced**

- Completion of PSYC 1010 6.0 (Introduction to Psychology)
- Completed at least 54 earned credits

**Course Credit Exclusions**

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

**Course website: [eClass](#)**

All course materials will be available on the course eClass site, unless otherwise indicated by the instructor. The site will be your central access point for course materials

**Course Description**

The course provides an overview of the etiology, symptomatology, and classification of major clinical disorders. The course content will examine neurotic, psychotic, and personality disorders, as well as developmental and neurological problems. The main objective of the course is to gain a deeper understanding of the nature, causes of, and current treatments for psychological impairment, and more importantly an appreciation for the tentative and incomplete nature of our understanding of mental challenges.

**Program Learning Outcomes**

Upon completion of this course, students should be able to:

1. Demonstrate in-depth knowledge of psychological health and impairment.
2. Articulate trends in psychological health and impairment.
3. Express knowledge of psychological health and impairment in written form.
4. Describe and explain limits to generalizability of research findings in psychological health and impairment.

5. Demonstrate ability to relate information in psychological health and impairment to one's own and others' life experiences.

### Required Text

- Comer, R.J., & Comer, J.S. (2021). *Abnormal psychology (11th ed.)*. Worth Publishers.

### Organizing The Course

The Psychological Health, Distress, & Impairment course (Psyc 3140) is offered in person as there will be no virtual meetings. Course material and activities will take place on eClass over the entire week. Please keep in mind that course materials are designed for use as part of the Psychological Health, Distress, & Impairment course at York University and are the property of the instructor unless otherwise stated. The materials should be used for educational purposes only and as a means for enhancing accessibility. Students do not have permission to duplicate, copy and/or distribute the materials outside of the class

Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law. Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

### Course Requirements and Assessment:

| Assessment          | Date of Evaluation (if known) | Weighting |
|---------------------|-------------------------------|-----------|
| Midterm Exam        | July 30, 2024                 | 35%       |
| Final Exam          | August 16-23, 2024            | 35%       |
| Research Assignment | August 15, 2024               | 20%       |
| Online Activities   | Throughout the Semester       | 10%       |
| Total               |                               | 100%      |

### Description of Assignments

Research assignment documents and Online Activities can be found on the eClass course website.

### Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests\* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 90, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar – [Grading Scheme for 2023-24](#)

### Missed Tests/Midterm Exams/Late Assignment:

For any missed examination, quiz or late assignment, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office [HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or late assignment. At this time, due to COVID-19 an Attending Physician's Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided. Tests or examinations missed on the grounds of non-medical circumstances must be supported by appropriate documentation (i.e., death certificates, obituary notice, automobile accident reports, airline/train/bus ticket/receipts with date of booking on ticket, etc.). Airline/train/bus ticket/receipts for emergency travel must indicate destination, departure and return dates.

In the case of a make-up test/exam, the student must be prepared to write within the week following the missed test (a date will be set by the instructor). Although the content to be examined will be the same, the format may or may not follow that of the original test/examination. It is the student's responsibility to check with the instructor, TA, and/or course website as to the date/time of the make-up. A conflict in another course during the time of the make-up is not an acceptable reason for missing the make-up. If a student misses a make-up opportunity for good reasons (see points mentioned above), then either the prorating option is applied, or a second and final opportunity for a make-up will be arranged. Missed make-ups must be supported by appropriate documentation (see points above). Failure to provide appropriate documentation will result in a grade of F on the missed test.

### Add/Drop Deadlines

For a list of all important dates please refer to: [Summer 2024 Important Dates](#)

|   | SU Term           | S1 Term          | S2 Term         |
|---|-------------------|------------------|-----------------|
| Last date to add a course <b>without permission</b> of instructor (also see Financial Deadlines)            | May 28            | May 13           | July 2          |
| Last date to add a course <b>with permission</b> of instructor (also see Financial Deadlines)               | June 11           | May 21           | July 8          |
| Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)          | July 23           | June 3           | July 22         |
| Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below) | July 24 – Aug. 14 | June 4 – June 27 | July 23– Aug. 6 |

## **Add and Drop Deadline Information**

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the [Refund Tables](#).

You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system.

After that date, you must contact the professor/department offering the course to arrange permission.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may [withdraw from a course](#) using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

## **Academic Integrity for Students**

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity by completing the [Academic Integrity Tutorial](#) and [Academic Honesty Quiz](#)

## **Information on Plagiarism Detection**

Turnitin will be used to detect for plagiarism.

## **Electronic Device Policy**

This course will be delivered in an online format and therefore electronic devices (e.g., tablets, laptops) are permitted during class time for course-related purposes. It is expected that you would complete tests/exams in a manner that does not require consulting an unauthorised source during an examination unless the tests/exams are open-book.

## **Test Banks**

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt to gain an improper advantage in an academic evaluation" (article 2.1.1 from the Senate Policy) and/or "encouraging, enabling or causing others" (article 2.1.10 from the Senate Policy) to cheat.

## **Academic Accommodation for Students with Disabilities**

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with ***Student Accessibility Services (SAS)*** to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. **Please let me know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.**

<https://accessibility.students.yorku.ca/>

### **Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities:**

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](#).

## Course Schedule:

| <u>Date:</u>        | • <u>Lecture Topic</u>  | <u>Readings (Comer 11th &amp; 10 Editions)</u>             |
|---------------------|---|--|
| July 2              | Course Outline & Orientation to the Course  |  |
| July 4              | Introduction to Abnormal Psychology   | Chapter 1  |
| July 9              | Models of Abnormal Behaviour  | Chapter 3  |
| July 11             | Assessment of Abnormal Behaviour  | Chapter 4 (pp. 85-104)                                     |
| July 16             | Depressive & Bipolar Disorders  | Chapter 7  |
| July 18             | Anxiety Disorders   | Chapter 5  |
| July 23             | Stress Disorders  | <b>Chapter 6 (pp. 151-171)</b><br>Chapter 6 (pp. 153-172)  |
| <b>July 30</b>      | <b>Midterm Exam Will Be Held from 2:30-4pm</b><br><b>Course Material from July 4 to July 23</b> |  |
| August 1            | Dissociative Disorders  | <b>Chapter 6 (pp. 171-185)</b><br>Chapter 6 (pp. 172-187)  |
|                     | Somatic Disorders   | <b>Chapter 9 (pp. 257-270)</b><br>Chapter 10 (pp. 283-295) |
| August 6            | Schizophrenia & Related Disorders   | <b>Chapter 13</b><br>Chapter 14                            |
| August 8            | Personality Disorders   | <b>Chapter 15</b><br>Chapter 16                            |
| August 13           | Childhood & Adolescent Disorders  | <b>Chapter 16</b><br>Chapter 17                            |
| <b>August 15</b>    | <b>Research Assignment is Due</b>   |  |
| <b>August 16-23</b> | <b>Final Exam – Course Material from August 1-13</b>  |  |

## Course Schedule:

| <u>Date:</u>          | <u>• Lecture Topic</u>  | <u>Readings (Comer 9th Edition)</u>                |
|-----------------------|---|--|
| July 2                | Course Outline & Orientation to the Course  |  |
| July 4                | Introduction to Abnormal Psychology   | Chapter 1  |
| July 9                | Models of Abnormal Behaviour  | Chapter 3  |
| July 11               | Assessment of Abnormal Behaviour  | Chapter 4 (pp. 97-120)                             |
| July 16               | Mood Disorders  | Chapter 8  |
| July 18               | Anxiety Disorders   | Chapter 5  |
| July 23               | Stress Disorders  | Chapter 6 (pp. 177-195)                            |
| <b>July 30</b>        | <b>Midterm Exam Will Be Held from 2:30-4pm</b><br><b>Course Material from July 4 to July 23</b> |  |
| August 1              | Dissociative<br>Somatic Disorders   | Chapter 6 (pp. 196-213)<br>Chapter 10(pp. 317-330) |
| August 6              | Schizophrenic Disorders   | Chapter 14   |
| August 8              | Personality Disorders   | Chapter 16   |
| August 13             | Childhood & Adolescent Disorders  | Chapter 17   |
| <b>August 15</b>      | <b>Research Assignment is Due</b>   |  |
| <b>August 16 - 23</b> | <b>Final Exam – Course Material from August 1-13</b>  |  |