

**Faculty of Health - Department of Psychology**  
**PSYC 1010 6.0 F: INTRODUCTION TO PSYCHOLOGY**  
**Wednesdays 4:00-7:00pm**  
**Location: LAS-A (Lassonde Building)**  
**2024-2025**

**ALL LECTURES AND TESTS ARE IN-PERSON.**

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**Instructor:** Dr Rebecca Jubis

**Office:** Rm 251 B.S.B. (Behavioural Sciences Building)

**Office Hours:** by appointment

**Email:** [jubis@yorku.ca](mailto:jubis@yorku.ca) Be sure to indicate your course, section, and sign with your full name. (please do **not contact me via eClass** – you will not get a response).

**Teaching Assistants (TAs):** students are assigned to a given teaching assistant (TA) and their contact information is provided on eClass.

**Psychology Undergraduate Office:** Rm 291 BSB; [psyc@yorku.ca](mailto:psyc@yorku.ca) or call 416-736-5117

**Course Prerequisites:** None. The passing grade for this course, and the grade you need to continue in Psychology is 50% (not 60% as in the past).

**Course Credit Exclusions:** please refer to [York Courses Website](#) for a listing of any course credit exclusions.

**Course website:** [eClass.yorku.ca](https://eClass.yorku.ca)

**Course Description:**

This course will guide you on a journey to learning about human behaviour and mental processes. Psychology is a very broad field ranging from the study of the biological basis of behaviour to the study of complex social interactions. This course will provide you with a sampling of a wide variety of topics, concepts, theories, and methods of research that form part of contemporary Psychology. Among the topics covered will be: personality, memory, social behaviour, learning, intelligence, and psychological disorders.

Psychology does not have definitive solutions to our personal and societal problems, nor does it have definitive answers to questions like, “What makes me behave the way I do?” Nevertheless, it is a valuable tool for better understanding the causes and consequences of behaviour.

Hopefully, this course will provide you with a greater appreciation of the intricacies of human behaviour and the difficulties that psychologists encounter in conducting behavioural research.

**Program Learning Outcomes:**

Upon completion of this course, students should be able to:

1. Define psychology and explain how it meets the criteria of science.

2. Recognize key concepts, methods, theories and assumptions in psychology.
3. Describe basic characteristics of the scientific method in psychology.
4. Discern differences between personal views and scientific evidence.

### **REQUIRED TEXT:**

**David G. Myers, C. Nathan Dewall, and June Gruber (2024). Psychology: 14th edition**

**Instructions for accessing the textbook can be found on eClass under “Day1Digital”.**

The text is bundled with Achieve, an excellent online resource that helps you study and prepare for tests by including practice quizzes, video activities, flashcards etc. Although there is no obligation to use Achieve, I highly recommend it.

### **SUMMARY OF COURSE ASSESSMENTS and ASSIGNED CHAPTERS:**

**(a detailed account can be found at the end of this document.)**

**ALL TESTS ARE IN-PERSON ONLY.**

**TEST 1 – Oct. 9** (worth 28%) Chapter 1 and 14

**TEST 2 - Nov. 27** (worth 20%) Chapters 7, 13, 3, and 2

**TEST 3 – Feb. 12** (worth 28%) Chapters 8, 9, 10, 11 (except for “The Physiology of Sex”, “The Psychology of Sex”, and “Sex and Human Relationships”), and Chapter 12 (but only Modules 36, 37, 38)

**TEST 4 – Apr. 2** (worth 20%) Chapters 15, 16, 12 (but only Modules 39 and 40), and Chapter 6

URPP– (Research Participation) (worth 4%)

**Deadline to notify your TA that you want to set up an appointment to discuss any of your tests – Apr. 2.**

### **INFORMATION ABOUT COURSE ASSESSMENTS:**

There will be 4 tests and URPP participation.

#### **A) TESTS**

There will be a total of 4 non-cumulative tests worth 28%, 20%, 28% and 20%, respectively. Tests will consist of multiple-choice and short-answer questions. (Lectures will sometimes contain material not covered in the text but there’s considerable overlap.)

#### **DETAILS ABOUT MISSING A TEST**

If you miss a test, it must be for a valid reason and you must have appropriate documentation to support your absence.

If you miss a test for medical reasons, your physician must complete an **Attending Physician**

Statement (APS) which can be found at:

<http://myacademicrecord.students.yorku.ca/pdf/attending-physicians-statement.pdf> (or downloaded from eClass). To be deemed valid, it must contain the **doctor's signature, office stamp** and be **dated close to the time** of illness. **Alternative medical notes will not be accepted.**

**\*If you miss a test, you must notify your TA (TA contact information is posted) and COPY ME on that email ([jubis@yorku.ca](mailto:jubis@yorku.ca)) NO LATER THAN 48 HOURS AFTER THE TEST. (If you fail to do so, you will not be eligible to write a make-up test).**

**\*As soon as you have obtained your completed APS, email it to your TA and copy me on that email ([jubis@yorku.ca](mailto:jubis@yorku.ca)).**

**\*If you miss a second test, you will be given 0% for that test.**

**THERE WILL BE ONE SESSION FOR MAKE-UP TESTS NEAR THE END OF THE COURSE. The date will be provided in March.**

## **B) UNDERGRADUATE RESEARCH PARTICIPATION POOL (URPP)**

There are two options: research participation or the “paper stream” option.

**A link to URPP information will be set up on our course website as soon as that information becomes available.** It will provide you with instructions about how to register with URPP, important URPP rules, as well as important dates and deadlines.

### **Research Participation**

The Department of Psychology requires that students earn 4% of their final grade by participating in research or by analyzing a published research report (see below). This research is conducted by faculty and graduate students and has received ethical approval. This 4% is earned by participating in a total of 8 hrs (8 credits) of research. Each hour of participation is worth 1 credit = .5%. If you participate in an in-person study (rather than an online one), you will automatically get an extra 1 credit for that study.

You must participate for 4 hrs in the **fall** (worth 4 credits = 2%) and participate for 4 hrs in the **winter** (worth 4 credits = 2%), for a total of 8 credits worth a total of 4%. **IMPORTANT: you cannot earn all 8 credits (4%) in just one term. If you complete all 8 credits in the fall, or all 8 credits in the winter, you will earn only 2% and NOT 4%. Also, if you earn 4.5 credits in the fall, for instance, the extra .5 credits will NOT be carried over into the winter term.** If you don't complete the full 8 credits, you will be given marks for what you actually completed. You are strongly encouraged to partake in this research. Not only does it give you the opportunity to experience what types of studies are conducted in Psychology, but 4% can make a difference in your letter grade! Do not wait until the last minute to participate because your choices might be limited, and all available studies might be filled.

**URPP opens on Sept TBA (to be announced) and the last day to participate in the fall term is Dec. TBA.**

**URPP re-opens on Jan TBA and the last day to participate in the winter term is Apr TBA.**

### **“Paper Stream” Alternative**

For this alternative, you must analyze a published psychology research article that will be assigned to you by the URPP office after you **notify them of your preference for this option**. You can earn up to 4% but the actual grade that you will receive will depend upon the quality of your paper.

**IMPORTANT: If you choose this option, you must notify URPP ([urpp@yorku.ca](mailto:urpp@yorku.ca)) of your choice by Oct TBA. The due date for the paper is Apr TBA.**

It is your responsibility to ensure that URPP has assigned you the proper credits (you can simply check your URPP account), and report any discrepancies to [urpp@yorku.ca](mailto:urpp@yorku.ca) directly.

Be sure to provide your **correct course section** when you register with URPP. Otherwise, you will not receive credit for your participation because they won't recognize you.

### **MODE OF INSTRUCTION**

#### **Lectures**

Lectures will be **in-person**, and there will be no posted lecture recordings. I will, however, post slides that pertain to lecture material. I want to emphasize that these **slides should NOT be considered a substitute for attending live lectures**. If you miss a lecture, the slides will give a good indication of what topics were covered in the lecture.

The “topic boxes” on eClass are labeled according to the chapter titles used in your text (for example, “The Story of Psychology...”, “Biology of Mind”, “Personality” etc). Each “topic box” will contain a pdf file of printable slides from my lectures that relate to the topic.

#### **Question and Answers (Q&A) Sessions**

There will be some optional Q&A sessions that will take place via Zoom outside of lecture time, and these sessions will be recorded and posted on eClass. To access them or view the recordings, see the Q&A “topic box” on eClass. The schedule and modules covered will be announced at a later time.

In order to access the live Q&A sessions on Zoom or view the Q&A recordings that will be posted afterward, your Zoom account must be linked to your Passport York account. For instructions on how to do this, go to the following:

[https://lthelp.yorku.ca/94581-zoom/signing-in-to-your-zoom-at-yorku-website-dashboard-from-the-main-zoom-website?from\\_search=50849744](https://lthelp.yorku.ca/94581-zoom/signing-in-to-your-zoom-at-yorku-website-dashboard-from-the-main-zoom-website?from_search=50849744)

#### **Supplemental Materials:**

Under the different topic headings posted on eClass, you will sometimes find additional helpful and interesting resources that relate to course material. These include exercises to test your

understanding of the textbook material, and short video-clips that demonstrate some of the concepts presented in the text. (You will not be tested on this material, but I urge you to check it out).

**Achieve** is an excellent on-line resource that is bundled with your text. You are not required to use Achieve but I recommend it because it includes great study tools such as **quizzes, flashcards, video activities** etc.

### **Practice Multiple-Choice:**

For some chapters, practice multiple-choice (that are dictated rather than written) are posted under “Practice Multiple-Choice”. You will need to link your Passport York account with Zoom to access them.

### **Zoom:**

Should you need to meet with your TA you can do so either in person or via Zoom. If you want to look over any of your written tests, you will have to meet in person and provide photo ID. If you need help with Zoom, please see: [Zoom@YorkU User Reference Guide](#).

### **On-Line Open-Forum Discussion:**

You can participate in a general discussion forum on eClass where you are free to discuss with classmates, course-related issues or any psychology-related topic or concern.

### **Important Information about Grades:**

If you require a particular grade in this course, please work now towards attaining it. This course does not offer extra assignments or tests at the end of the course to accommodate students who are a few marks short of their desired grade.

A letter grade will be “rounded up” when calculating your overall final grade if your final percentage ends in .50 or higher. For example, if your final grade is 74.50% it will be rounded up from a B to a B+. However, if your final percentage is 74.38% for example, your letter grade will remain a B. You must draw the line somewhere, and .50% is the threshold that must be met for rounding up.

### **Grading:**

Tests/assignments will be assigned a numerical value (%) but the final grade will be assigned a letter grade that follows the university system: A+= 90-100, A=80-89, B+=75-79, B=70-74, C+=65-69, C=60-64, D+=55-59, D=50-54, E= 40-49, F=below 40

### **Add/Drop Deadlines**

**The deadline to drop the course so that it does not appear on your transcript is Feb 7.**

For a list of all important dates please refer to:

<https://registrar.yorku.ca/enrol/dates/2024-2025/fall-winter>

	<b>Fall (F)</b>	<b>Year (Y)</b>	<b>Winter (W)</b>
Last date to add a course <b>without permission</b> of instructor (also see Financial Deadlines)	Sept. 18	Sept. 18	Jan. 20
Last date to add a course <b>with permission</b> of instructor (also see Financial Deadlines)	Oct. 2	Oct. 16	Jan. 31
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov. 8	Feb. 7	March 14
Course Withdrawal Period (withdraw from a course and receive a grade of "W" on transcript – see note below)	Nov. 9- Dec. 3	Feb. 8 – April 4	March 15- April 4

### **Add and Drop Deadline Information**

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates and the [Refund Tables](#).

You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system. After that date, you must contact the Psychology Department ([psyc@yorku.ca](mailto:psyc@yorku.ca)) to arrange permission.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may [withdraw from a course](#) using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

### **Academic Accommodations for Students with Disabilities**

**IF YOU ARE A STUDENT WITH A DOCUMENTED DISABILITY AND HAVE SPECIAL ACCOMMODATIONS, YOU SHOULD IMMEDIATELY SCHEDULE ALL TESTS WITH THE ALTERNATIVE EXAMS CENTER to ensure that everything is in place when the time comes.**

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages

students with disabilities to register with *Student Accessibility Services (SAS)* to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary.

<https://accessibility.students.yorku.ca/>

### **Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities:**

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

**All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](#).**

### **Academic Integrity for Students**

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity by completing the Academic Integrity Tutorial: <https://spark.library.yorku.ca/academic-integrity-what-is-academic-integrity/> and Academic Honesty Quiz: <https://eclass.yorku.ca/course/view.php?id=57158>

### **Test Banks**

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

### **Course Materials Copyright Information**

Course materials, lecture notes, assignments etc are designed for use as part of this course at York University and are the intellectual property of the instructor unless otherwise stated. **You are forbidden to post any of my course materials on any information-sharing site.**

I am the copyright holder for all slides and course recordings. Students do not have permission to duplicate, copy and/or distribute the recordings outside of the class (these acts can violate not

only copyright laws but also [FIPPA](#) and intellectual property rights.

Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law. Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

- **The following are some useful links for you regarding computing information, resources and help:**
- [Student Guide to eClass](#)
- [Zoom@YorkU Best Practices](#)
- [Zoom@YorkU User Reference Guide](#)
- [Computing for Students Website](#)

### **Calumet and Stong Colleges' Student Success Programming:**

[Calumet](#) and [Stong](#) Colleges aim to support the success of Faculty of Health students through a variety of **free** programs throughout their university career:

- [Orientation](#) helps new students transition into university, discover campus resources, and establish social and academic networks.
- [Peer Mentoring](#) connects well-trained upper-year students with first year and transfer students to help them transition into university.
- [Course Representative Program](#) aims to build the leadership skills of its Course Reps while contributing to the academic success and resourcefulness of students in core program classes.
- [Peer-Assisted Study Session \(P.A.S.S.\)](#) involve upper-level academically successful and well-trained students who facilitate study sessions in courses that are known to be historically challenging.
- [Peer Tutoring](#) offers one-on-one academic support by trained Peer Tutors.
- Calumet and Stong Colleges also support students' [Health & Wellness](#), [leadership and professional skills development](#), [student/community engagement and wellbeing](#), [Career Exploration](#), [Indigenous Circle](#), [Awards & Recognition](#), and [provide opportunities to students to work or volunteer](#).
- Please connect with your Course Director about any specific academic resources for this class.



- For additional resources/information about [Calumet and Strong Colleges Student Success Programs](#), please consult our websites ([Calumet College](#); [Stong College](#)), email us at [scchelp@yorku.ca](mailto:scchelp@yorku.ca), and/or follow us on Instagram ([Calumet College](#); [Stong College](#)), X (formerly Twitter: [Calumet College](#); [Stong College](#)), Facebook ([Calumet College](#); [Stong College](#)) and [LinkedIn](#)
- Are you receiving our weekly email (Calumet and Stong Colleges - Upcoming evens)? If not, please check your Inbox and Junk folders. If you do not find our weekly emails, then please add your 'preferred email' to your Passport York personal profile. If you need support, please contact [ccscadm@yorku.ca](mailto:ccscadm@yorku.ca), and request to be added to the listerv.
- Feel free to consult [additional resources and student supports at York University](#)

**CONTINUED....**

## **ASSIGNED CHAPTERS FOR EACH TEST**

### **TEST 1 – Oct. 9**

**CHAPTER 1** - THINKING CRITICALLY WITH PSYCHOLOGICAL SCIENCE

**CHAPTER 14** – PERSONALITY

### **TEST 2 – Nov. 27**

**CHAPTER 7** - LEARNING

**CHAPTER 13** - SOCIAL PSYCHOLOGY

**CHAPTER 3** - CONSCIOUSNESS AND THE TWO-TRACK MIND

**CHAPTER 2** - THE BIOLOGY OF MIND

### **TEST 3 – Feb. 12**

**CHAPTER 8** - MEMORY

**CHAPTER 9** - THINKING AND LANGUAGE

**CHAPTER 10** - INTELLIGENCE

**CHAPTER 11** - WHAT DRIVES US: HUNGER, SEX, BELONGING, AND ACHIEVEMENT

The entire Chapter 11 except for “The Physiology of Sex”, “The Psychology of Sex”, and “Sex and Human Relationships” which are all from Module 34

**CHAPTER 12** - EMOTIONS, STRESS, AND HEALTH

But only:

Module 36 – Introduction to Emotion

Module 37 – Expressing Emotion

Module 38 – Experiencing Emotion

### **TEST 4 – Apr. 2**

**CHAPTER 15** - PSYCHOLOGICAL DISORDERS

**CHAPTER 16** – THERAPY

**CHAPTER 12**

But only:

Module 39 - Stress and Illness

Module 40 - Health and Coping

**CHAPTER 6** - SENSATION AND PERCEPTION

**Deadline to notify your TA that you want to set up an appointment to discuss any of your tests – Apr. 2.**