

**Faculty of Health  
Department of Psychology  
PSYC 1010 6.0 Section : INTRODUCTION TO PSYCHOLOGY**

**Monday and Wednesday/8:30-11:30/ ONCA via Zoom  
Fall/2024**

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This is an ONCA designated course which means the course is offered online **except** assessments (including the final exam) which will occur in-person, on campus. The course will be delivered using BOTH synchronous and asynchronous methods. Asynchronous lecture material will be pre-recorded videos. Other asynchronous learning activities will be through the online support of the textbook using Achieve. Some synchronous activities (orientation, discussions, activities, Q&A sessions, and Office Hours with Teaching Assistants) will be delivered by Zoom during class time on Wednesday morning and there is an expectation of participation. In-person tests will run on Sundays (date/time listed below) on Keele campus.

**Instructor and T.A. Information**

Instructor: Dr. Heather Jenkin  
Office Hours: By appointment  
Email: [hjenkin@yorku.ca](mailto:hjenkin@yorku.ca)

<b>Student last name</b>			
<b>T.A.</b>			
<b>Email</b>			
<b>Office Hours</b>			

Students will be assigned to a specific Teaching Assistant (TA) alphabetically by the student's last name (see above table). This is an administrative decision and is designed simply to facilitate organization in the course. With a large course enrollment, it's important that each student have someone who is familiar with them and their grades etc. The TA to whom you are assigned will be the person you should visit in their virtual office hours to consult about course material and to inquire about your grades. Your TA's office hours will take place primarily during the course hours, still TBD.

Your TA is your first contact if you are having trouble with the lecture, or the text visit the TA's. The TA's also will be happy to talk with you about improving your study habits and about graduate school in psychology and careers in psychology.

**Email (n)etiquette** When you email Dr. Jenkin or your TA include your Student ID and full name in the body of your email with the Course number on the subject line (if not, a reply is not guaranteed). Dr. Jenkin will not answer emails regarding issues/questions covered in the course syllabus – read the syllabus before emailing.

**Course Prerequisite(s):** As of this Summer, we have removed the minimum grade of "C" in PSYC 1010 6.0 for all the upper-level courses. Students only need to pass PSYC 1010 6.0 with a grade of 50 to take the upper-level courses.

### **Course Credit Exclusions**

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

### **Course website: [eClass](#)**

All course materials will be available on the course eClass site, unless otherwise indicated by the instructor. The site will be your central access point for course materials such as Day 1 Digital link, Lecture Videos, Achieve (textbook support) and any additional web resources.

### **Course Description**

This course is your introduction to the diverse field of psychology. Topics will range from the study of the biological basis of behaviour, how we think and learn, changes we experience as we move through our life, psychological disorders, and associated therapies. All will be presented through various theories and numerous research studies.

Not all of you are starting a career in psychology, but this course will provide you with an appreciation of the intricacies of human behaviour and the complexities that psychologists face in following the scientific method in their research. You may not discover why you behave in a certain way in a specific situation, but you may come to understand that "it depends" on many factors both intrinsic and extrinsic.

### **Program Learning Outcomes**

Upon completion of this course, students should be able to:

1. Define psychology and explain how it meets the criteria of science.
2. Recognize key concepts, methods, theories, and assumptions in psychology.
3. Describe basic characteristics of the scientific method in psychology.
4. Discern differences between personal views and scientific evidence.

### **Specific Learning Objectives**

The purpose of this course is to introduce students to the broad field of psychology. In addition, it is hoped that students will develop appropriate study habits and critical thinking skills. Time management and attention to detail will be important skills to bring to this fast-paced course. Participation in the Undergraduate Research Participant Pool (URPP) will expose students to ongoing psychological studies at York University.

### **Required Text**

- Myers, D.G. and DeWall, C. N. (2024) Psychology, 14<sup>th</sup> Edition with 12 month Achieve.

Loose leaf, eBook or hardcover acceptable but should be 14<sup>h</sup> Edition and come with Achieve.

### Course Requirements and Assessment:

Assessment	Date of Evaluation (if known)	Weighting
Online Achieve activities	Check specific dates on Achieve calendar	15%
Test 1	Sunday October 6 12 noon start in VHB	27%
Test 2	Sunday November 10 12 noon start in VHB	27%
Test 3	Scheduled in Fall exam period (TBD)	27%
URPP	December 11	4%
<b>Total</b>		<b>100%</b>

### Description of Assignments:

#### **Online Activities:**

Achieve Learning Curves – there will be several of these, the first is a demonstration one and not evaluated BUT you must complete it so that you can practice accessing the course information through Achieve. During the term you will work through the 51 Learning Curves. We expect you to complete *at least 30* for full credit, therefore you can miss a few if needs be. These are due in three groups - the Saturday before the associated Term Test at 12 noon, this is to support distributed learning.

Saturday October 5	Content of Term Test 1	Modules 1-17
Saturday November 9	Content of Term Test 2	Modules 18-28, 32-33, 35-38
December 3	Content of Term Test 3	Modules 39-42, 44-56

The 30 Launchpad learning curves are worth a maximum of 7.5% of your grade. Each is worth 0.25%

Achieve Module Quizzes - We will count your best 30 Quizzes. These will also be set up in three groups. Multiple Module Quizzes are open at 18:30 am on specific Mondays and **close at 12 noon** on the Saturday before the associated Sunday Term Test. This allows you to see which questions you may have answered incorrectly.

Open Sept 4 at 8:30am Closed 12 noon Saturday Oct 5	Content of Term Test 1	Modules 1-17
Open Oct 7 at 8:30am Closed 12 noon Saturday Nov 9	Content of Term Test 2	Modules 18-28, 32-33, 35-38
Open Nov 11 at 8:30am Closed 12 noon Dec 3	Content of Term Test 3	Modules 39-42, 44-56

While the Quiz is open you have one attempt to complete each Quiz. For each Quiz there are 20 questions, and you have 15 minutes to complete them. The best 30 Module Quizzes are worth a maximum of 7.5% of your grade. Each is worth 0.25%. This is a good opportunity to test your knowledge after a period of study, especially if you set it up as a timed “test” situation.

**Term Tests** – three will be held in-person on Keele campus. The first two will be in Vari Hall B (VH B) and start promptly at 12 noon (see Course Schedule or Table of Assessments for dates). The third test will be scheduled in the Fall Exam period and could be any time or day between December 5 and 20. The three tests are worth 81% of your grade. Tests are non-cumulative and have both multiple-choice questions and short answers. Make sure to note the dates and plan to be able to complete ALL tests at the assigned time. There will be a session for one makeup test near the end of term. The date will be provided at a later time (see Missed Tests below).

**Undergraduate Research Participation Pool (URPP)** - Students in this course have an opportunity to earn up to 4% of their final grade by participating in online/lab research as part of the URPP. URPP for the Fall term starts on September 11<sup>th</sup> and ends on December 11<sup>th</sup>, 2024. For information on this, see <http://www.psych.yorku.ca/urpp/> and check out the link on eClass to the Student Handbook.

If you **do not** want to participate in research, you may opt to submit a 3-page paper summarizing a psychology research article that will be assigned to you. This option is referred to as the Paper Stream. Students who wish to choose this option must email the URPP office before October 18<sup>th</sup>, further instructions will be obtained once the request is submitted. Acceptable papers will earn up to 4% toward their final grade. The Paper Stream deadline is December 2<sup>nd</sup>, 2024. Appeals period is December 13<sup>th</sup> – December 16<sup>th</sup>, 2024.

### **Missed Tests/Midterm Exams**

- For any missed test students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office. At this time, due to COVID-19 an Attending Physician's Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided.
- [HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or late assignment.
- If you miss a test, you must notify your TA (TA contact information is posted) and COPY ME on that email (hjenkin@yorku.ca) NO LATER THAN 48 HOURS AFTER THE TEST. If you fail to do so, you will not be eligible to write a make-up test.
- There will be ONE makeup session booked on a Sunday in the last two weeks of term for those students who have missed ONE term test to make up that zero score.
- If you miss a second term test, you will be given 0% for that test. If you miss more than one test in this condensed course, you should be aware of the drop/withdraw options (see below).

### **Class Format and Attendance Policy**

This is an ONCA designated course which means the course is offered online **except** assessments (including the final exam) which will occur in-person, on campus. Two in-person

tests will run on scheduled Sundays starting at 12 noon on Keele campus (location TBD). The third in-person test will be scheduled in the Fall exam period by the RO. Attendance at tests is expected.

The course will be delivered using BOTH synchronous and asynchronous methods. Some synchronous activities (orientation, discussions, activities, Q&A sessions, and Office Hours with Teaching Assistants) will be delivered by Zoom during class time on Wednesday mornings and there is the opportunity for participation, but attendance is not taken. Zoom sessions will be recorded and posted on eClass.

### Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests\* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar – [Grading Scheme for 2024-2025](#)

### Add/Drop Deadlines

For a list of all important dates please refer to [Undergraduate Fall/Winter 2024-2025 Important Dates](#)

	Fall (Term F)	Year (Term Y)	Winter (Term W)
Last date to add a course <b>without permission</b> of instructor (also see Financial Deadlines)	September 18	September 18	January 20
Last date to add a course <b>with permission</b> of instructor (also see Financial Deadlines)	October 2	October 16	January 31
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	November 8	February 7	March 14
Course Withdrawal Period (withdraw from a course and receive a grade of “W” on transcript – see note below)	November 9 – December 3	February 8 - April 4	March 15- April 4

### Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the [Refund Tables](#). You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system. After that date, you must contact the professor/department offering the course to arrange permission.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may [withdraw from a course](#) using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

### **Information on Plagiarism Detection**

Always write your own work on any work submitted for grade. Academic Integrity is treated very seriously in the Department. Tests will be in-person, individual and closed book. We will have invigilators who will observe you. Do not bring notes, textbooks, electronic supports into the test room. It is a breach of academic honesty to look at another student's answer or to provide an answer to another student. Don't look, don't show.

Our Teaching Assistants are excellent observers as they mark answers in detecting lifts from the text eBook and other sources.

### **Electronic Device Policy**

This course will be delivered in an online format and therefore electronic devices (e.g., tablets, laptops) are permitted during class time for course-related purposes. It is expected that you would complete tests/exams in a manner that does not require consulting an unauthorised source during an examination unless the tests/exams are open book (which ours is NOT).

### **Academic Integrity for Students**

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity by completing the [Academic Integrity Tutorial](#) and [Academic Honesty Quiz](#)

### **Test Banks**

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. Buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt to gain an improper advantage in an academic evaluation" (article 2.1.1 from the Senate Policy) and/or "encouraging, enabling or causing others" (article 2.1.10 from the Senate Policy) to cheat.

### **Course Materials Copyright Information**

These course materials are designed for use as part of the PSYC1010I course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted

materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g., uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

### **Audio-visual recordings**

Photographs, video, and audio recordings are “**records**” as defined in the *Freedom of Information and Protection of Privacy Act* (FIPPA). The information contained in them is considered “personal information” when they contain “recorded information about an identifiable individual. Our course Zoom interactions are recorded:

- 1) my pre-recorded lectures and recorded Zoom interactions should be used for educational purposes only and as a means for enhancing accessibility
- 2) students do not have permission to duplicate, copy and/or distribute any of the recordings outside of the class (these acts can violate not only copyright laws but also [FIPPA](#) and intellectual property rights) and
- 3) all recordings will be destroyed after the end of classes.

### **Academic Accommodation for Students with Disabilities**

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with Student Accessibility Services (SAS) to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. Please let me know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.

<https://accessibility.students.yorku.ca/>

### **Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities**

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](#).

## Academic Accommodation for Religious Observance

York University is committed to respecting the religious beliefs and practices of all members of the community and making accommodations for observances of special significance. If any test date poses a problem for you with regard to your Religious Observance, please inform Dr. Jenkin at least two weeks before the test. Alternative tests dates will be arranged. You should complete a Religious Accommodation Form available at:

<https://secure.students.yorku.ca/pdf/religious-accommodation-agreement-final-examinations.pdf>

Further information is available at the [Senate Guidelines for Religious Observance](#)

## Calumet and Stong Colleges' Student Success Programming:

[Calumet](#) and [Stong](#) Colleges aim to support the success of Faculty of Health students through a variety of **free programs** throughout their university career:

- [Orientation](#) helps new students transition into university, discover campus resources, and establish social and academic networks.
- [Peer Mentoring](#) connects well-trained upper-year students with first year and transfer students to help them transition into university.
- [Course Representative Program](#) aims to build the leadership skills of its Course Reps while contributing to the academic success and resourcefulness of students in core program classes.
- [Peer-Assisted Study Session \(P.A.S.S.\)](#) involve upper-level academically successful and well-trained students who facilitate study sessions in courses that are known to be historically challenging.
- [Peer Tutoring](#) offers one-on-one academic support by trained Peer Tutors.
- Calumet and Stong Colleges also support students' [Health & Wellness](#), [leadership and professional skills development](#), [student/community engagement and wellbeing](#), [Career Exploration](#), [Indigenous Circle](#), [Awards & Recognition](#), and [provide opportunities to students to work or volunteer](#).
- Please connect with your Course Director about any specific academic resources for this class.
- For additional resources/information about [Calumet and Strong Colleges Student Success Programs](#), please consult our websites ([Calumet College](#); [Stong College](#)), email us at [scchelp@yorku.ca](mailto:scchelp@yorku.ca), and/or follow us on Instagram ([Calumet College](#); [Stong College](#)), X (formerly Twitter: [Calumet College](#); [Stong College](#)), Facebook ([Calumet College](#); [Stong College](#)) and [LinkedIn](#)
- Are you receiving our **weekly email** (Calumet and Stong Colleges - Upcoming evens)? If not, please check your Inbox and Junk folders. If you do not find our weekly emails, then please add your 'preferred email' to your Passport York personal profile. If you need support, please contact [ccscadm@yorku.ca](mailto:ccscadm@yorku.ca), and request to be added to the listerv.
- Feel free to consult [additional resources and student supports at York University](#)



## Course Schedule

DATE	Chapter Topics	Module Readings
<b>Sept 4 through Oct 5</b> <i>Achieve Orientation Assignment due Sept 16<sup>h</sup> at 12 noon</i>	Welcome and <b>Zoom Orientation</b>	Student Preface Appendices A, B,
	Thinking critically with Psychological Science	Modules 1-3
	The Biology of Mind	Modules 4-7
	Consciousness and the Two-Track Mind	Modules 8-10
	Nature, Nurture and Human Diversity	Modules 11-13
	Developing Through the Life Span	Modules 14-17
<b>Saturday Oct 5 12 noon</b>	<b>Module Quizzes &amp; Learning Curves 1-17 due 12 noon</b>	
<b>Sunday Oct 6 12 noon start</b>	<b>Test 1 (27%)</b> based on all preceding content	
<b>Oct 7 through Nov 9</b> <i>Oct 12 through 18 No class (Reading Week)</i>	Sensation and Perception	Modules 18-20
	Learning	Modules 21-23
	Memory	Modules 24-26
	Thinking and Language	Modules 27-28
	What Drives Us: Hunger, Belongingness, and Achievement	Modules 32, 33 and 35
	Emotions	Modules 36-38
<b>Saturday Nov 9 12 noon</b>	<b>Module Quizzes &amp; Learning Curves 18-28, 32-33, 35-38 due 12 noon</b>	
<b>Sunday Nov 10 12 noon start</b>	<b>Test 2 (27%)</b> based on all content since Test 1	
<b>Nov 11 through Dec 3</b> <i>November 8 Last day to drop without receiving a grade.</i>  <i>November 9 - December 3 Course Withdrawal Period</i>	Stress and Health	Modules 39-40
	Social Psychology	Modules 41, 42 and 44
	Personality	Modules 45-47
	Psychological Disorders	Modules 48-53
	Therapy	Modules 54-56

<b>December 3 12 noon</b>	<b>Module Quizzes &amp; Learning Curves Modules 39-42, 44-56 due 12 noon</b>	
<i>Dec 5-20 Fall Exam Period</i> <b>Test 3 (27%)</b> based on all content since Test 2 <i>TBA</i>		