

**Faculty of Health`
Department of Psychology
PSYC 2130 3.0 Section C: Personality
Fridays 1:30-4:30 PM**

F-2024

This is an in-person course. Classes will be held every Friday 1:30-4:30PM in ACW-109. All lectures, exams and course activities will be delivered in person. Students are expected to attend all classes. Lectures are not recorded, hence lecture recordings will NOT be available.

Instructor and T.A. Information

Instructor: Dr. Sadia Zafar

Classroom: ACW-109

Office Hours: Fridays 11:30-12:30. Please email for appointment.

Office: BSB 263

Email: zafars@yorku.ca

T.A.		
Email		
Office Hours	Please email to book appointment Students with last names A-K	Please email to book appointment Students with last names L-Z

Email

The preferred method of contact is via email. Any correspondence directed to the professor or TA must indicate the course number and section letter in the subject heading. Our course number and section letter are: PSYC 2130 Section C.

- Please make sure to use your yorku email account. Emails from other accounts many times go directly to junk mail.
- Be sure to include your full name and student number in the body of the email.
- Check the course materials (e.g., the syllabus, course website), to see if the answer is already provided.
- Send your email well in advance of when a response is required. **If you email the teaching team a day before exam, we will not be able to respond in a timely manner.** An email sent on Friday evening is likely to be responded on Monday morning.
- Follow-up within 3-7 days if a response has not been received, but not any sooner.

Course Prerequisite(s): Course prerequisites are strictly enforced

- HH/PSYC 1010 6.00 (Introduction to Psychology).

- Course Credit Exclusions

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

Course website: [eClass](#)

Course website is a very important resource. All lecture slides will be posted on course website on the evening before the lecture, for example, slides for lecture on Sep 6 will be posted on eclass on the evening of Sep 5. Similarly additional readings, assignment details and classroom activities' materials will be posted on the course website. Eclass announcement is used to convey important information to class, you should receive the announcements in your email, however, announcements are also available under the course announcements tab in course resources folder. Grades are posted under the grades tab. Course outline with detailed information about exams, assignment, deadlines, and course material is also posted on eclass in the course resources folder. Make sure to refer to it if you have any questions about the course structure, expectations, and dates.

Course Description

This course is an introduction to theories of personality. The development, structure, and correlates of personality are presented from the viewpoint of major classical and current theories. Theories may include trait, biological, learning, and cognitive perspectives, as well as psychodynamic, humanistic, and existential perspectives. Through the examination of specific studies and the discussion of general methodological principles of personality research, emphasis is placed on the role of research in shaping and validating theories of personality.

Course content note

We will be exploring and engaging with certain topics and issues in this course that some students may find troubling or retraumatizing. I will attempt to indicate to the class about the nature of the topic before lecturing about it, but it may not be always possible. It is important for you to gauge whether certain material will be emotionally challenging for you. I post my lecture slides on the evening before the lecture date. Please review the lecture slides before the start of the lecture so that you can determine if the content is emotionally challenging for you.

Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Demonstrate broad knowledge of psychological determinants of personality.
2. Describe and evaluate current theory and research in personality psychology.
3. Understand and interpret principles of personality psychology in everyday life.
4. Define causes of human personality from different perspectives.

Specific Learning Objectives

The primary purpose of personality psychology is to understand human uniqueness; how and why one person differs from others, in their thinking, feelings, and behaviors. By the completion of this course, you should be able to

1. Compare, contrast, and evaluate different personality theories.
2. Be able to apply these theories to understand an individual's personality and to be able to apply the concepts of these theories to your own life and the world.
3. Evaluate methodological principles and issues in personality psychology research.

Required Text

Funder, D. C. *The Personality Puzzle (9th ed.)* New York: W. W. Norton and Co.

- Previous editions do not contain the same material. Assessment will be based on 9th

edition.

- Please see the York University Bookstore webpage (<https://bookstore.yorku.ca>) for ordering e-books and for the information about free shipping of course books to students with a Canadian address.

Course Requirements and Assessment

You will have three exams over the semester. The exams will cover material from both the textbook and the lectures. They will NOT be cumulative. They may be a combination of multiple-choice and/or short-answer questions and/or long answer. The break-up of the grade is as follows:

Assessment	Date of Evaluation (if known)	Weighting
Midterm 1	Oct 4	33
Midterm 2	Nov 8	33
Final exam	During final exam period	34
Total		100%

Exam Policy: The student must contact the instructor by e-mail within 48 hours of the missed examination. Tests or examinations missed on the grounds of non-medical circumstances must be supported by appropriate documentation (i.e., death certificates, obituary notice, automobile accident reports). Vacations and holidays are not valid reasons for missing an examination. A conflict in another course or with work is also not a reason for missing an exam. In the case of a make-up test the student must be prepared to write on the date set by the instructor. **Make-up test will be offered once only if you miss the make-up test you will be awarded ZERO on that test/exam.** Although the course content for make-up test will be the same, the format may or may not follow that of the original test/exam. Please note that if you miss the test(s) prior to the drop date you have waived the right to have a specific percentage of graded feedback available to you prior to the drop date. Also note that the make-up for midterm 1 and midterm 2 are likely to be offered on the same day. **If a student misses both midterms, they will write one cumulative make-up exam which will combine the course content for midterm 1 and midterm 2 and will be 66% of the course grade.**

Reviewing Tests: Requests to review tests/exams should be made within ten days of the grade posting. Note that grade changes will be made only in exceptional circumstances. After the ten days period, there will be no opportunity for revisions to grades, but you are welcome to discuss and review your exam.

Missed Tests/Midterm Exams/Late Assignment

For any missed quiz or late assignment, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office. At this time, due to COVID-19 an Attending Physician's Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided. [HH PSYC: Missed Tests/Exams Form](#). Failure to complete

the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or late assignment.

If you miss the **Final** exam, you will have to apply for a deferred status. Please review the following website for deferred exams. <https://myacademicrecord.students.yorku.ca/deferred-standing>

Class Format and Attendance Policy

This is an in-person class, lectures will be held every week in ACW-109. Students are expected to attend regularly, and to participate actively in class discussions. Since a large portion of the examinable material will be based on classroom lectures and discussions, attendance is critical. If you miss a class, please arrange with another student to take notes and to inform yourself of in-class experiences. It is imperative that you attend classes to do well on the course. Not all of the information presented in the text can be covered in class. Similarly, lectures may contain information not included in the text. You are responsible for all the material presented in lectures, and in text in their entirety as all this information will be used in assessments.

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar – [Grading Scheme 2024-25](#)

Add/Drop Deadlines

For a list of all important dates please refer to: [Fall/Winter 2024-25 Important dates](#)

	Fall (Term F)	Year (Term Y)	Winter (Term W)
Last date to add a course without permission of instructor (also see Financial Deadlines)	September 18	September 18	January 20
Last date to add a course with permission of instructor (also see Financial Deadlines)	October 2	October 16	January 31
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	November 8	Feb7	March. 14
Course Withdrawal Period (withdraw from a course and receive a grade of “W” on transcript – see note below)	Nov. 9- Dec. 3	Feb. 8 - April 4	March 15 - April 4

Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the [Refund Tables](#)

You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system.

After that date, you must contact the professor/department offering the course to arrange permission.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may [withdraw from a course](#) using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Health and Safety statement: All York students and instructors share responsibility for the safety and well-being of the community while on York's campuses. All students should continue to check YU Better Together for the latest information on health and safety.

Use of electronic devices such as tablets and laptops are permitted during class for course-related purposes only.

Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity by completing the [Academic Integrity Tutorial](#) and [Academic Honesty Quiz](#)

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with Student Accessibility Services (SAS) to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. Please let me know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.

<https://accessibility.students.yorku.ca/>

Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses. Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](#).

Calumet and Stong Colleges’ Student Success Programming:

Calumet and Stong Colleges aim to support the success of Faculty of Health students through a variety of **free programs** throughout their university career:

- [Orientation](#) helps new students transition into university, discover campus resources, and establish social and academic networks.
- [Peer Mentoring](#) connects well-trained upper-year students with first year and transfer students to help them transition into university.
- [Course Representative Program](#) aims to build the leadership skills of its Course Reps while contributing to the academic success and resourcefulness of students in core program classes.
- [Peer-Assisted Study Session \(P.A.S.S.\)](#) involve upper-level academically successful and well-trained students who facilitate study sessions in courses that are known to be historically challenging.
- [Peer Tutoring](#) offers one-on-one academic support by trained Peer Tutors.
- Calumet and Stong Colleges also support students’ [Health & Wellness](#), [leadership and professional skills development](#), [student/community engagement and wellbeing](#), [career exploration](#), [Indigenous Circle](#), [awards and recognition](#), and [provide opportunities to students to work or volunteer](#).
- Please connect with your Course Director about any specific academic resources for this class.
- For additional resources/information about our student success programs, please consult our websites ([Calumet College](#); [Stong College](#)), email scchelp@yorku.ca, and/or follow us on Instagram ([Calumet College](#); [Stong College](#)), Facebook ([Calumet College](#); [Stong College](#)) and [LinkedIn](#)
- Are you receiving our weekly email (Calumet and Stong Colleges - Upcoming evens)? If not, please check your Inbox and Junk folders. If you do not find our weekly emails, then please add your ‘preferred email’ to your Passport York personal profile. If you need support, please contact ccscadm@yorku.ca, and request to be added to the listserv.
- Feel free to consult [additional resources and student supports at York University](#)

Course Materials Copyright Information

These course materials are designed for use as part of the PSYC2130C course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g., uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

Lecture Outline and Required Reading

Sep 6	Introduction to Personality Theories and Methods	Ch 1 & Ch 2
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Sep 13	Trait Perspectives	Chapters 4 & 5
Sep 20	Biological Approaches to Personality	Chapters 7 & 8
Sep 27	Biological Approaches to Personality	Chapter 8
Oct 4	Midterm 1	
Oct 11	Basics of Psychoanalysis	Chapter 9
Oct 25	Neo-psychoanalytic Perspectives	Chapter 10
Nov 1	Humanistic and Positive Psychology	Chapter 11
Nov 8	Midterm 2	
Nov 15	Cultural variations in Personality	Chapter 12
Nov 22	Learning, Cognition, Motivation & Emotion	Chapter 13
Nov 29	Self	Chapter 14

This is a tentative schedule and subject to change. Lectures will reflect content from the textbook, but I will give additional information to provide added value in the class. You are responsible for all the material presented in lectures, in your text and assigned readings. Additional readings may be posted on eclass.