

Faculty of Health
Department of Psychology
PSYC 2230 3.0 A: MOTIVATION
Day: Friday @ 2:30pm-5:30pm
Location: Vari Hall B
Fall 2024

This course will be delivered in person and all tests will be conducted in-person. Lectures will not be recorded but lecture materials will be available on eClass.

Instructor and T.A. Information

Instructor: Jennifer Ruttle

Office Hours: By Appointment - meetings will be on zoom

Email: ruttlej@yorku.ca

T.A.	Kristina Axenova	Jaykishan Patel
Email	axenovak@yorku.ca	jay96@my.yorku.ca
Office Hours	By appointment	By appointment
Assigned Students	Last name A-K	Last name L-Z

Course Prerequisite(s): Course prerequisites are strictly enforced

- HH/PSYC 1010 6.00 (Introduction to Psychology)

Course Credit Exclusions

Please refer to [York Courses Website](#) for a listing of any course credit exclusions.

Course website: [eClass](#)

All course materials will be available on the course eClass site, unless otherwise indicated by the instructor. The site will be your central access point for course materials, lecture slides and course discussions will be available there.

Course Description

This course introduces the student to theory, concepts and methods in the field of motivation psychology. A variety of topics will be covered including the biological basis of motivation, behavioural approaches, including drive and learning theory, cognitive approaches with its emphasis on attribution theory, competence and control theory.

Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Demonstrate broad knowledge of cognitive determinants of motivation.
2. Describe and evaluate current theory and research in motivation.

3. Understand and interpret principles of motivation in everyday life.
4. Define causes of human motivation from different perspectives.

Specific Learning Objectives

NA

Required Text

Petrie, H.L. & Govern, J.M. (2012). Motivation: Theory, Research & Applications. 6th Edition, Toronto: Nelson. ISBN: 0534569907. In York Bookstore.

Or link to digital version is available on our eClass

Course Requirements and Assessment:

Assessment	Date of Evaluation (if known)	Weighting
Midterm Test	October 11th, 2024	30%
Mini Assignment 1	October 25th, 2024	10%
Mini Assignment 2	Nov 29th, 2024	10%
Final Exam	During final exam period: Dec 5th-20th	30%
Participation	Throughout class	20%
Total		100%

Description of Assignments

Mini Assignments: A chance to apply your learning and will be submitted on eClass by the corresponding due dates.

Midterm Test: This test will take place in class during our designated class time. It will be a mixture of multiple choice and short answer questions.

Final Exam: Will be held during the final exam period and will be the same format as the midterm.

Participation: During class, iClicker questions will be asked and students will receive 2% for every class they attend and participate in. If you are unable to attend class you can make a discussion post on eClass to make up the 2% participation mark for that week.

Class Format and Attendance Policy

You are required to attend every class as iClicker questions will count for participation marks and will be done throughout the lecture. If you are unable to attend class you will need to make a discussion board post to make-up those missed iClicker questions.

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Assignments and tests* will bear either a letter grade designation or a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.)

For a full description of York grading system see the York University Undergraduate Calendar – [Grading Scheme for 2024-2025](#)

Missed Tests/Midterm Exams/Late Assignment

For any missed quiz or late assignment, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office. At this time, due to COVID-19 an Attending Physician’s Statement (APS) is not required, however, a reason for missing an evaluated component in the course must be provided.

[HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed quiz or late assignment.

Midterm: If you miss the midterm test there will be one make-up made available to you, if you miss that make-up you will have the mark shifted to your final exam.

Assignments: Assignments that are handed in late will lose 5% each day for 5 days at which point you will receive a zero.

Participation: Discussion board posts must be submitted before the next class and will not be accepted after that.

Add/Drop Deadlines

For a list of all important dates please refer to [Undergraduate Fall/Winter 2024-2025 Important Dates](#)

	Fall (Term F)	Year (Term Y)	Winter (Term W)
Last date to add a course without permission of instructor (also see Financial Deadlines)	Sept 18	Sept 18	Jan 20
Last date to add a course with permission of instructor (also see Financial Deadlines)	Oct 2	Oct 16	Jan 31
Drop deadline: Last date to drop a course without receiving a grade (also see Financial Deadlines)	Nov 8	Feb 7	Mar 14
Course Withdrawal Period (withdraw from a course and receive a grade of “W” on transcript – see note below)	Nov 9 – Dec 3	Feb 8-Apr 4	Mar 15-Apr 4

Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. Since, for the most part, the dates are **different**, be sure to read the information carefully so that you understand the differences between the sessional dates below and the [Refund Tables](#).

You are strongly advised to pay close attention to the "Last date to enrol without permission of course instructor" deadlines. These deadlines represent the last date students have unrestricted access to the registration and enrolment system.

After that date, you must contact the professor/department offering the course to arrange permission.

You can drop courses using the registration and enrolment system up until the last date to drop a course without receiving a grade (drop deadline).

You may [withdraw from a course](#) using the registration and enrolment system after the drop deadline until the last day of class for the term associated with the course. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Information on Plagiarism Detection

All work should be your own or should be cited appropriately. Please see senate policy on academic honesty for more.

Electronic Device Policy

Recording of lecture is not allowed unless discussed with the professor ahead of time.

Academic Integrity for Students

York University takes academic integrity very seriously; please familiarize yourself with [Information about the Senate Policy on Academic Honesty](#).

It is recommended that you review Academic Integrity by completing the [Academic Integrity Tutorial](#) and [Academic Honesty Quiz](#)

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as “Cheating in an attempt to gain an improper advantage in an academic evaluation” (article 2.1.1 from the Senate Policy) and/or “encouraging, enabling or causing others” (article 2.1.10 from the Senate Policy) to cheat.

Academic Accommodation for Students with Disabilities

While all individuals are expected to satisfy the requirements of their program of study and to aspire to do so at a level of excellence, the university recognizes that persons with disabilities may require reasonable accommodation to enable them to do so. The university encourages students with disabilities to register with Student Accessibility Services (SAS) to discuss their accommodation needs as early as possible in the term to establish the recommended academic accommodations that will be communicated to Course Directors as necessary. Please let me know as early as possible in the term if you anticipate requiring academic accommodation so that we can discuss how to consider your accommodation needs within the context of this course.

<https://accessibility.students.yorku.ca/>

Excerpt from Senate Policy on Academic Accommodation for Students with Disabilities

1. Pursuant to its commitment to sustaining an inclusive, equitable community in which all members are treated with respect and dignity, and consistent with applicable accessibility legislation, York University shall make reasonable and appropriate accommodations in order to promote the ability of students with disabilities to fulfill the academic requirements of their programs. This policy aims to eliminate systemic barriers to participation in academic activities by students with disabilities.

All students are expected to satisfy the essential learning outcomes of courses.

Accommodations shall be consistent with, support and preserve the academic integrity of the curriculum and the academic standards of courses and programs. For further information please refer to: [York University Academic Accommodation for Students with Disabilities Policy](#).

Course Materials Copyright Information

These course materials are designed for use as part of the PSYC 2230 course at York University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as book chapters, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law.

Copying this material for distribution (e.g. uploading material to a commercial third-party website) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

Course Schedule

Fall Class Schedule		
Week	Class Date	Topic
1	Sept 6	Introduction to iClicker & Chapter 1
2	Sept 13	Chapter 2: Genetic Contributions to Motivated Behaviour
3	Sept 20	Chapter 3: Physiological Mechanisms of Arousal
4	Sept 27	Chapter 4: Physiological Mechanisms of Regulation
5	Oct 4	Chapter 7: Hedonism and Sensory Stimulation
6	Oct 11	Midterm Test – 30% Chapter 1-4,7
7	Oct 18	Reading Week
8	Oct 25	Chapter 5: Learned Motives – Mini Assignment 1 10%
9	Nov 1	Chapter 9: Cognitive Consistency & Social Motivation
10	Nov 8	Chapter 10: Cognitive Motivation: Attribution Approaches
11	Nov 15	Chapter 11: Cognitive Motivation: Competence and Control
12	Nov 22	Chapter 12: The Emotions as Motivators
13	Nov 29	Study Techniques – Motivational Tips – Mini Assignment 2 10%