

**Faculty of Health
Department of Psychology
PSYC 1010 6.0 B: Introduction to Psychology**

Tuesday & Thursday/ACE 102 11:30-1pm

In-Person 2024-2025

This course consists of lectures that you can attend in-person and that are also recorded and available remotely. Midterms and the final exam are written in-person.

Instructor and T.A. Information

Instructor: Dr. Myriam Mongrain, Ph.D., C.Psych.

Email: mongrain@yorku.ca

Course Prerequisite(s): None

Course website: <https://eclass.yorku.ca/course/view.php?id=130314>. This is your central access point for all course materials.

Course Description: We discuss findings in psychology and the methods that psychologists use to unravel the mysteries of human behaviour. Topics include the biological bases of behaviour, learning, memory, perception, intelligence, motivation and emotion, development across the lifespan, personality, health and social psychology, psychological disorders and psychotherapy.

Program Learning Outcomes

Upon completion of this course, students should be able to:

1. Define psychology and explain how it meets the criteria of science.
2. Recognize key concepts, methods, and theories in psychology.
3. Describe basic characteristics of the scientific method in psychology.
4. Discern differences between personal views and scientific evidence.

Specific Learning Objectives

Students will be able to understand and explain human behaviour from biological, evolutionary, learning, developmental and sociocultural perspectives.

Required Text:

MindTap Instant Access (12 Months/Multi Term) for McCann's Psychology: Themes and Variations **9780176902971** List: \$99.95 OR

Book bundle: PSYCHOLOGY Themes & Variations 6CE + MINDTAP Printed Access card **9781774740385** List: \$153.95

Course Requirements and Assessment:

Assessment	Date of Evaluation (if known)	Weighting
Midterm #1	October 8 and 10	20%
Midterm #2	November 26 and 28	20%
Midterm #3	February 25 and 27	20%
Final	TBD (April 8-25)	30%
Research Participation URPP	2% each semester	4%
Mindtap Modules		6%
Total		100%

Research Participation

4% of your grade comes from your participation in the URPP (Undergraduate Research Participant Program). Contact – urpp@yorku.ca

- For more details check their website.
<https://www.yorku.ca/health/psychology/research/undergraduate-research-participant-pool/>

**Midterm Policy

Each midterm includes two test administrations. The tests are comprised of multiple choice and short answer questions. You have the opportunity to write two versions of the test, one on Tuesday, and another on Thursday. We take the best grade out of the two. If you miss one day, we will use the grade from the other day.

Missed Tests/Midterm Exams

For any missed quiz or late assignment, students MUST complete the following online form which will be received and reviewed in the Psychology undergraduate office.

[HH PSYC: Missed Tests/Exams Form](#). Failure to complete the form within 48 hours of the original deadline will result in a grade of zero for the missed exam.

You are expected to come to class (ACE 102) for the midterms. In the unusual circumstance of a serious illness, accident, or hospitalization, a make-up exam will be made available at the end of term. *Note that you can only write 1 make-up during the full year. Other missed exams will result in a grade of 0.*

Grading as per Senate Policy

The grading scheme for the course conforms to the 9-point grading system used in undergraduate programs at York (e.g., A+ = 9, A = 8, B+ = 7, C+ = 5, etc.). Tests will bear a corresponding number grade (e.g. A+ = 90 to 100, A = 80 to 89, B+ = 75 to 79, etc.).

Add/Drop Deadlines

For a list of all important dates please refer to: [Fall/Winter 2024-2025 Important Dates](#)

Add and Drop Deadline Information

There are deadlines for adding and dropping courses, both academic and financial. See [Refund Tables](#).

"Last date to enrol without permission of course instructor" is September 18th, 2024. You can enroll with permission from the course instructor up to October 16th, 2023.

You may [withdraw from a course](#) using the registration and enrolment system up until February 7th, 2024. When you withdraw from a course, the course remains on your transcript without a grade and is notated as 'W'. The withdrawal will not affect your grade point average or count towards the credits required for your degree.

Course Materials Copyright Information

These course materials are designed for use as part of the HH/PSYC 1010 6.0 B & G course at York University and are the property of the instructor unless otherwise stated.

Copying this material for distribution (e.g. uploading material) may lead to a violation of Copyright law. [Intellectual Property Rights Statement](#).

Test Banks

The offering for sale of, buying of, and attempting to sell or buy test banks (banks of test questions and/or answers), or any course specific test questions/answers is not permitted in the Faculty of Health. Any student found to be doing this may be considered to have breached the Senate Policy on Academic Honesty. In particular, buying and attempting to sell banks of test questions and/or answers may be considered as "Cheating in an attempt to gain an improper advantage in an academic evaluation" (article 2.1.1 from the Senate Policy) and/or "encouraging, enabling or causing others" (article 2.1.10 from the Senate Policy) to cheat.

Electronic Device Policy

This course will be delivered in-person, and use of cell phones is discouraged. Electronic devices (e.g. laptops) are permitted during class time for course-related purposes.

FALL TERM 2024

LECTURE TOPICS AND READINGS

<u>Date</u>	<u>Topic</u>	<u>Chapter in Textbook</u>
September 5	Introduction	Ch. 1
September 10 & 12	Domain of Psychology Research Methods	Ch. 1 & 2
September 17 & 19	Biological Basis of Behaviour	Ch. 3
September 24 & 26	Perception	Ch. 4
October 1 & 3	Dreams	Ch. 5
October 8 & 10	Midterm #1 (20%)	Chapters 1,2,3,4 Text and lecture material
October 15 & 17	Reading Week	No class
October 22 & 24	Drugs and Hypnosis	Ch. 5
Oct. 29 & 31	Learning	Ch. 6
November 5 & 7	Memory	Ch. 7
November 12 & 14	Thinking	Ch. 8
November 19 & 21	Intelligence	Ch. 9
November 26 & 28	Midterm # 2 (20%)	Chapters 5, 6, 7, 8, 9
December 3 (no class) Lectures resume Jan. 7, 2025		Text and lecture material since last midterm

WINTER TERM 2025: LECTURE TOPICS AND READINGS

<u>Date</u>	<u>Topic</u>	<u>Chapter in Textbook</u>
January 7 & 9	Motivation	Ch. 10
January 14 & 16	Emotion	Ch. 10
January 21 & 23	Child Development	Ch. 11
January 28 & 30	Adolescence and Adulthood	Ch. 11
February 4 & 6	Personality	Ch. 12
February 11 & 13	Stress & Health	Ch. 14
February 18 & 20	Reading Week	No Classes
February 25 & 27	Midterm 3 (20%)	Chapters 10, 11, 12, 14 Text and lecture material since last midterm
March 4 & 6	Social Influences on Behaviour	Ch. 13
March 11 & 13	Social Interaction	Ch. 13
March 18 & 20	Psychological Disorders Part 1	Ch. 15
March 25 & 27	Psychological Disorders Part 2	Ch. 15
April 1 & 3	Treatment of Psychological Disorders	Ch. 16
TBD Final Exam Period (April 10-25)	Final Exam (30%)	Chapters 13, 15, 16 <i>Note:</i> 10% of final exam is cumulative and includes lecture content from January 9 to February 15, 2024.