

# My Practicum in the Grounded Project Becoming an Agent of Change



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#### Project Objectives:

 explore issues related to indigenous territorial rights, food sovereignty, the commodification of indigenous identity, and the pursuit of wellbeing of Costa Rica

### My role in the team:

- prepared ethnographic research
- researched indigenous perspectives
- understanding and appreciating inter-cultural communications
- completed multiple video analyses

#### Accomplishments:

- project management skills
- communication skills
- presentation skills
- production contributor
- film creator
- leadership skills

Overview of my Projects & Initatives:

#### 1.Project management:

Assigned videos by working with Costa rican students to complete transcriptions and translations on a timely manner

### 3. Storyboarding and scriptwriting:

Compiled a thorough storyboard as a guide for team members through my video's rough edits

#### 5. Film creation:

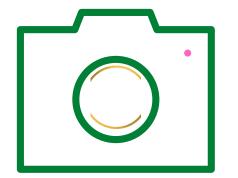
Created a short-film highlighting the tragedy of the loss of culture in a medicinal perspective & its impact on their spiritual, physical, and mental well-being.

#### 2. Video review analysis:

Reviewed videos with translations and selected clips and important topics to analyze through my short-film

# 4. Contributing to the documentary and other team member's short films:

Offered advice and different perspectives to ensure a thorough and meaningful film



# Impacts of the Grounded Project:

- providing a platform to address challenges faced by the Indigenous
- spreading awareness of the impact that issues bring to their overall well-being
- highlighting the connection between culture and well-being & how the loss of culture is a serious topic

## My advice to future students:

- a great opportunity to make a large impact while making friends
- the perfect project that unites creativity with the passion to make a difference
- take the initiative of connecting and asking for feedback along the journey
- be flexible & go with the flow of the project - don't be afraid to have fun!