

# Standard Minor Modification Proposal

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Faculty: Health

Department/School: School of Kinesiology and Health Science

Program: Kinesiology and Health Science and Movement and Health

Degree Designation: BA and BSc

Type of Modification: Changes to Degree Requirement: Dividing the first-year core course, KINE 1000 Sociocultural Perspectives in Kinesiology, into two 3.0 credit courses, with one moving into second year to better scaffold course material. Move an introductory 3.0 credit core course (KINE 2031 Human Anatomy) into the first year of the degrees.

Location (*current campus and, if applicable, proposed*): Keele Campus.

Effective Date: September 2025

Approval Date at Faculty Council:

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1. Describe the proposed modifications to the program.

The proposed changes will see a 6.0 credit core course in the first year of the BA and BSc degrees in Kinesiology and Health Science (KHS), and Movement and Health (MVHL) (KINE 1000 Sociocultural Perspectives in Kinesiology) split into two 3.0 credit courses (KINE 1001 and KINE 2001), with KINE 2001 3.0 moving into the second year of the degree. To maintain credit balance within the degree, another introductory course, KINE 2031 Human Anatomy, will move into the first year of the degrees.

2. Provide a rationale for any proposed changes.

The rationale for the proposed changes are threefold. First, it was suggested in our last Cyclical Program Review (2020) that the sociocultural courses be better scaffolded within the KHS/MVHL degrees. Currently, students take only one sociocultural course in the core curriculum, typically in their first year (KINE 1000), and then do not have an opportunity to take any additional courses (i.e., electives) in this area until third or fourth year. This leads to a decreased connection to the material, additional review time being spent on introductory concepts in the upper year electives, and likely a decreased interest in this area of study. Splitting the course into two and moving KINE 2001 into the second year will better allow these courses to meet the Program Learning Outcomes, as students will be required and have an opportunity to revisit and build upon sociocultural material in their second year of study and be better prepared for advanced upper-year courses. Second, students are better served in their degree progress by having 3.0 credit courses instead of a 6.0 credit course, especially early in the program; if a student is unsuccessful in the

current iteration of KINE 1000, it sets them back a full year in their program, whereas a 3.0 credit course could be repeated more easily the following year or in a summer offering (which is being considered once this new format is approved). Third, KINE 2031 Human Anatomy is an introductory course and does not need to be in the second year, thus program learning outcomes achieved by this course will be maintained when offered in the first year. Since the second year currently contains two human physiology and one biomechanics course, it would be beneficial for KHS/MVHL students to have Human Anatomy completed in the first year as a good deal of the material in physiology and biomechanics builds on the material learned in human anatomy. Furthermore, Human Anatomy is currently running in the same semester as KINE 2011 Human Physiology I, and this is a difficult combination for KHS/MVHL students; we feel student retention and success would be improved by moving KINE 2031 Human Anatomy into the first year (see Appendix C for Proposed Degree Progression).

3. If revisions to the Program Learning Outcomes (PLO) are proposed, please provide a description and a rationale for the changes. Confirm that changes will not substantially affect the outcomes of the program.

No changes will be made to PLOs. Please see Appendix B for mapping of the new courses to PLOs.

4. Include as an appendix a side-by-side comparison of the existing and proposed program requirements as they will appear in the Undergraduate Calendar. Please indicate deletions as strikethrough text and additions as underlined text in a contrasting colour.

Please see Appendix A.

5. a) Describe how students currently enrolled in the program will be accommodated, as applies.

Students who begin their KHS degree prior to September 2025 and who have completed KINE 1000 will be unaffected. Students who begin their KHS degree prior to 2025 and have not completed KINE 1000 will complete the new version of KINE 1001 + KINE 2001. If required, a summer offering of KINE 1001 and/or KINE 2001 will be offered in Summer 2026 to accommodate for larger than normal numbers of students in the courses.

- b) Explain how changes will be communicated to students.

Information will be shared in core courses in the School of KHS, and the School, Faculty and OSAS websites will be updated. The UPD will work with academic advisors to ensure correct information is being shared with incoming and current students.

6. Describe any resource implications and how they are being addressed (e.g., through a reallocation of existing resources). If new/additional resources are required, provide a statement from the relevant Dean(s)/Principal confirming resources will be in place to implement the changes.

When KINE 2031 moves to the first year, additional laboratory sections will need to be opened to accommodate the additional students (~100 per year; 4 lab sections and 1.0 full graduate TA-ship). Currently, KINE 2031 has an enrollment of ~900 students/year, which includes second year KHS/MVHL majors, students repeating the course, and students from outside of KHS/MVHL. KINE 2001 will need fewer tutorial sections compared to KINE 1000 due to a decrease in the number of KHS/MVHL degree students from year 1 to year 2 (a decrease of ~200-250 annually; 8-10 lab sections and 2.0-2.5 full graduate TA-ships), so the expectation is that there will be no net increase in resources required.

7. If relevant, summarize the consultation undertaken with relevant academic units, including commentary on the impact of the proposed changes on other programs. Provide individual statements from the relevant program(s) confirming consultation and their support.

KINE 1000 and KINE 2031 are only required for KHS/MVHL students, however there are some courses in other units in the Faculty of Health that list KINE 1000 as a prerequisite, so those units were contacted, and the relevant split course summary form and confirmation emails are attached to this package. A small number of students from outside the unit take KINE 2031 each year to meet human anatomy requirements for professional school applications, and the course will still meet those requirements.

8. For optional work-integrated learning elements (e.g., an optional internship course), please describe the consultation to ensure these elements are in line with best practice for experiential education and York's established other practices in this area. The [Office of the Vice Provost, Teaching and Learning](#) can provide further guidance.

N/A

# APPENDICES

## Appendix A: Side-by-Side Academic Calendar Copy Comparison

Ensure that deletions are indicated with strikethrough text and additions are made in a contrasting colour.

<p>Program: Kinesiology and Health Science</p> <p>Degree Program: BA and BSc</p> <p>Specialized Honours    Honours    Double Major    Major/Minor    Minor</p> <p>The sample below is of the Specialized Honours BA</p> <p>Effective Date: Fall 2025</p>	
<p>Please note that only those fields applicable to the relevant program need to be completed.</p>	
<p>Current Calendar Copy (<del>Strikethrough</del> items to be removed)</p>	<p>New Calendar Copy (<u>Underline</u> items to be added in revisions to existing programs)</p>
<p>Major Requirements – Required Credits: <u>66</u></p> <p>Students must complete a minimum of 66 major credits in kinesiology and health science.</p> <ul style="list-style-type: none"> <li>• Complete all of the following             <ul style="list-style-type: none"> <li>• Earned at least 48 credits from the following course sets:                 <p style="margin-left: 40px;">HH - Kinesiology &amp; Health Science - Core Courses</p> <ul style="list-style-type: none"> <li>▪ <del>HH/KINE1000 Cr=6.00 EN - Sociocultural Perspectives in Kinesiology (6.00)</del></li> <li>▪ <u>HH/KINE1020 Cr=6.00 EN - Fitness and Health (6.00)</u></li> <li>▪ <u>HH/KINE1900 - Integrated Physical Activity for Life I: Physical Fitness, Mental Health, Physical Literacy (3.00)</u></li> <li>▪ <u>HH/KINE2011 - Human Physiology I (3.00)</u></li> </ul> </li> </ul> </li> </ul>	<p>Major Requirements – Required Credits: <u>66</u></p> <p>Students must complete a minimum of 66 major credits in kinesiology and health science.</p> <ul style="list-style-type: none"> <li>• Complete all of the following             <ul style="list-style-type: none"> <li>• Earned at least 48 credits from the following course sets:                 <p style="margin-left: 40px;">HH - Kinesiology &amp; Health Science - Core Courses (2025)</p> <ul style="list-style-type: none"> <li>▪ <u>HH/KINE 1001 3.00</u></li> <li>▪ <u>HH/KINE1020 Cr=6.00 EN - Fitness and Health (6.00)</u></li> <li>▪ <u>HH/KINE1900 - Integrated Physical Activity for Life I: Physical Fitness, Mental Health, Physical Literacy (3.00)</u></li> <li>▪ <u>HH/KINE 2001 3.00</u></li> <li>▪ <u>HH/KINE2011 - Human Physiology I (3.00)</u></li> </ul> </li> </ul> </li> </ul>

<ul style="list-style-type: none"> <li>▪ <a href="#">HH/KINE2031</a> - Human Anatomy (3.00)</li> <li>▪ <a href="#">HH/KINE2049</a> - Research Methods in Kinesiology (3.00)</li> <li>▪ <a href="#">HH/KINE2050</a> - Analysis of Data in Kinesiology I (3.00)</li> <li>▪ <a href="#">HH/KINE2900</a> - Integrated Physical Activity for Life II: Adapted &amp; Inclusive Physical Activity, Leadership, &amp; Safety (3.00)</li> <li>▪ <a href="#">HH/KINE3000</a> - Psychology of Physical Activity and Health (3.00)</li> <li>▪ <a href="#">HH/KINE3012</a> - Human Physiology II (3.00)</li> <li>▪ <a href="#">HH/KINE3020</a> - Skilled Performance and Motor Learning (3.00)</li> <li>▪ <a href="#">HH/KINE3030</a> - Biomechanics of Human Movement (3.00)</li> <li>▪ <a href="#">HH/KINE4010</a> - Exercise Physiology (3.00)</li> <li>▪ <a href="#">HH/KINE4020</a> - Human Nutrition (3.00)</li> </ul> <ul style="list-style-type: none"> <li>• Completed at least 18 credits from the following types of courses:  additional kinesiology and health science (KINE) credits including six credits at the 4000 level</li> </ul>	<ul style="list-style-type: none"> <li>▪ <a href="#">HH/KINE2031</a> - Human Anatomy (3.00)</li> <li>▪ <a href="#">HH/KINE2049</a> - Research Methods in Kinesiology (3.00)</li> <li>▪ <a href="#">HH/KINE2050</a> - Analysis of Data in Kinesiology I (3.00)</li> <li>▪ <a href="#">HH/KINE2900</a> - Integrated Physical Activity for Life II: Adapted &amp; Inclusive Physical Activity, Leadership, &amp; Safety (3.00)</li> <li>▪ <a href="#">HH/KINE3000</a> - Psychology of Physical Activity and Health (3.00)</li> <li>▪ <a href="#">HH/KINE3012</a> - Human Physiology II (3.00)</li> <li>▪ <a href="#">HH/KINE3020</a> - Skilled Performance and Motor Learning (3.00)</li> <li>▪ <a href="#">HH/KINE3030</a> - Biomechanics of Human Movement (3.00)</li> <li>▪ <a href="#">HH/KINE4010</a> - Exercise Physiology (3.00)</li> <li>▪ <a href="#">HH/KINE4020</a> - Human Nutrition (3.00)</li> </ul> <ul style="list-style-type: none"> <li>○ Completed at least 6 credits from the following types of courses: <ul style="list-style-type: none"> <li>▪ HH/KINE 1001 3.00; HH/KINE 2001 3.00</li> </ul> </li> <li>• Completed at least 18 credits from the following types of courses:  additional kinesiology and health science (KINE) credits including six credits at the 4000 level</li> </ul>
Grand Total Credit Count - 120	Grand Total Credit Count - 120

Program: Movement and Health

Degree Program: BA and BSc

Ordinary (90-credit)

The sample below is of the Ordinary BA

Effective Date: Fall 2025

Please note that only those fields applicable to the relevant program need to be completed.

Current Calendar Copy

(~~Strikethrough~~ items to be removed)

New Calendar Copy

(Underline items to be added in revisions to existing programs)

Major Requirements – Required Credits: 39

- Complete all of the following

Students must complete a minimum of 39 major credits in kinesiology and health science.

- Passed the following:
  - ~~HH/KINE1000 Cr=6.00~~  
~~EN – Sociocultural Perspectives in Kinesiology (6.00)~~
  - ~~HH/KINE1020 Cr=6.00 EN~~ - Fitness and Health (6.00)
  - ~~HH/KINE1900~~ - Integrated Physical Activity for Life I: Physical Fitness, Mental Health, Physical Literacy (3.00)
  - ~~HH/KINE2011~~ - Human Physiology I (3.00)
  - ~~HH/KINE2031~~ - Human Anatomy (3.00)
  - ~~HH/KINE2049~~ - Research Methods in Kinesiology (3.00)
  - ~~HH/KINE2900~~ - Integrated Physical Activity for Life II: Adapted & Inclusive Physical Activity, Leadership, & Safety (3.00)
  - ~~HH/KINE3800~~ - Applied Human Movement (3.00)

Major Requirements – Required Credits: 39

- Complete all of the following

Students must complete a minimum of 39 major credits in kinesiology and health science.

- Passed the following:
  - HH/KINE 1001 3.00
  - ~~HH/KINE1020 Cr=6.00 EN~~ - Fitness and Health (6.00)
  - ~~HH/KINE1900~~ - Integrated Physical Activity for Life I: Physical Fitness, Mental Health, Physical Literacy (3.00)
  - HH/KINE 2001 3.00
  - ~~HH/KINE2011~~ - Human Physiology I (3.00)
  - ~~HH/KINE2031~~ - Human Anatomy (3.00)
  - ~~HH/KINE2049~~ - Research Methods in Kinesiology (3.00)
  - ~~HH/KINE2900~~ - Integrated Physical Activity for Life II: Adapted & Inclusive Physical Activity, Leadership, & Safety (3.00)
  - ~~HH/KINE3800~~ - Applied Human Movement (3.00)
- Completed at least 9 credits from the following types of courses:

<ul style="list-style-type: none"> <li>o Completed at least 9 credits from the following types of courses:</li> </ul> <p>additional kinesiology and health science (KINE) credits at the 3000 level or 4000 level</p>	<p>additional kinesiology and health science (KINE) credits at the 3000 level or 4000 level</p>
<p>Grand Total Credit Count - 90</p>	<p>Grand Total Credit Count - 90</p>

## Appendix B: Detailed Curriculum Map

Level of Learning			
<p>Introductory (I): Teaching and learning activities focus on basic concepts and skills. Assessments may require students to recall or explain concepts.</p> <p>Developed (D): Teaching and learning activities reinforce concepts and skills. Assessments may require students to apply procedures or analyze concepts.</p> <p>Mastery (M): Teaching and learning activities focus on the use of concepts and skills. Depending on the outcome, assessments may require students to evaluate decisions, analyze concepts at multiple levels of complexity, create new ideas, or demonstrate graduation-level proficiency through other means.</p>			
Method of Assessment			
01 Assignment	07 Hands-on activities	13 Multiple choice test questions	19 Reflective writing or journaling
02 Attendance / Participation / Class discussion	08 Individual presentation	14 Online/Moodle quizzes	20 Research Participation (KURE / URPP)
03 Case study	09 Interview	15 Peer or self-evaluation	21 Scholarly discussion paper
04 Data analysis	10 Lab exam / test / quizzes	16 Policy analysis or recommendations	22 Written Test/Exam (short /long answer)
05 Group presentation	11 Lab papers/assignments/summaries	17 Policy Brief or Briefing note	23 Other (e.g. Writing blogs, Critique research papers, essay, creating videos, placement supervisor evaluation, mentoring)
06 Group project, paper, or learning contract	12 Literature review	18 Practical / oral exam	



## Kinesiology Core Courses (Major Requirements)

Kinesiology Core Courses (42 credits)		Program Learning Outcomes					
		1. Compile a broad, multidisciplinary knowledge of the human body, health (broadly defined), and physical activity across the lifespan.	2. Evaluate research and information about the human body, health (broadly defined), and physical activity, across different platforms and sources.	3. Describe the factors or characteristics that contribute to ethical citizenship and social responsibility and their role in building a healthy community environment.	4. Communicate ideas and arguments in a well-structured and coherent manner in oral, written, physical and digital forms.	5. Promote the fundamentals of physical activity and health of individuals and communities.	6. Apply practical skills and knowledge of assessment about the human body, health and physical activity for individuals across the lifespan.
KINE 1900 3.00 Integrated Physical Activity for Life I	Level taught (assessed)  Assessment methods	I (I)  02, 03, 05, 06, 07, 19, 23	I (I)  03, 06, 07, 19	I (I)  02, 03, 06, 07, 19	I (I)  03, 05, 19, 23	I (I)  01, 05, 07, 23	I (I)  02, 03, 05, 06, 07, 19, 23
KINE 1000 3.00 Sociocultural Perspectives in Kinesiology	Level taught (assessed)  Assessment methods	I, D (I)  01, 02, 10, 11, 13, 14, 21, 22		I, D (D)  01, 02, 03, 10, 12, 13, 14, 15, 19, 22	I, D (D)  01, 02, 07, 10, 12, 13, 14, 19, 22		
KINE 1020 6.00 Fitness and Health	Level taught (assessed)  Assessment methods	I (D)  07, 11, 13	I (I)  13	I (I)  13	I (D)  01, 19	I (I)  13	I (D)  07, 11
KINE 2900 3.00 Integrated Physical Activity for Life II	Level taught (assessed)  Assessment methods	D (D)	D (D)	D (D)	D (D)	D (D)	D (D)

		Program Learning Outcomes					
		1. Compile a broad, multidisciplinary knowledge of the human body, health (broadly defined), and physical activity across the lifespan.	2. Evaluate research and information about the human body, health (broadly defined), and physical activity, across different platforms and sources.	3. Describe the factors or characteristics that contribute to ethical citizenship and social responsibility and their role in building a healthy community environment.	4. Communicate ideas and arguments in a well-structured and coherent manner in oral, written, physical and digital forms.	5. Promote the fundamentals of physical activity and health of individuals and communities.	6. Apply practical skills and knowledge of assessment about the human body, health and physical activity for individuals across the lifespan.
Kinesiology Core Courses (42 credits)		01, 02, 07, 19, 23	02, 07, 19, 23	01, 02, 07, 19, 23	02, 06, 19, 23	01, 07, 23	02, 06, 07, 19, 23
KINE 2000 3.00 Sociocultural Perspectives in Kinesiology II	Level taught (assessed) Assessment methods	D (I) 01, 02, 10, 11, 13, 14, 21, 22		M (D) 01, 02, 03, 10, 12, 13, 14, 15, 19, 22	D (D) 01, 02, 07, 10, 12, 13, 14, 19, 22		
KINE 2011 3.00 Human Physiology I	Level taught (assessed) Assessment methods	D (D) 01, 02, 10, 11, 13, 14, 21, 22 10	D(D) 10	D(D) 01, 02, 03, 10, 12, 13, 14, 15, 19, 22	D(D) 01, 02, 07, 10, 12, 13, 14, 19, 22		
KINE 2031 3.00 Human Anatomy	Level taught (assessed) Assessment methods	D (I) 10, 22					I (I) 10
KINE 2049 3.00 Research Methods in Kinesiology	Level taught (assessed) Assessment methods	I	D (D) 10, 11, 13, 20	I (D) 02, 10, 13	I (I) 11, 13	I	
KINE 2050 3.00 Analysis of Data in Kinesiology	Level taught (assessed)		I (I)	I	I (D)		I (I)

Kinesiology Core Courses (42 credits)		Program Learning Outcomes					
		1. Compile a broad, multidisciplinary knowledge of the human body, health (broadly defined), and physical activity across the lifespan.	2. Evaluate research and information about the human body, health (broadly defined), and physical activity, across different platforms and sources.	3. Describe the factors or characteristics that contribute to ethical citizenship and social responsibility and their role in building a healthy community environment.	4. Communicate ideas and arguments in a well-structured and coherent manner in oral, written, physical and digital forms.	5. Promote the fundamentals of physical activity and health of individuals and communities.	6. Apply practical skills and knowledge of assessment about the human body, health and physical activity for individuals across the lifespan.
	Assessment methods		04, 11, 13		04, 11, 13		04, 11, 13
KINE 3000 3.00 Psychology of Physical Activity and Health	Level taught (assessed)	D	D (D)		I	I (D)	
	Assessment methods		01, 22			01, 22	
KINE 3012 3.00 Human Physiology II	Level taught (assessed)	D (D)	D (D)		I	I (I)	I (I)
	Assessment methods	10, 13	10, 13			10, 13	10, 11
KINE 3020 3.00 Skilled Performance and Motor Learning	Level taught (assessed)	D (D)	I (I)		I (I)	I	I (I)
	Assessment methods	11, 13, 14	11, 13		11		13
KINE 3030 3.00 Biomechanics of Human Movement	Level taught (assessed)	D (D)	I			I	D (D)
	Assessment methods	02, 04, 07, 11, 13, 14, 22					02, 04, 07, 11, 13, 14, 22
KINE 4010 3.00 Exercise Physiology	Level taught (assessed)	M (D)				I	D
	Assessment methods	02, 13					

		Program Learning Outcomes					
		1. Compile a broad, multidisciplinary knowledge of the human body, health (broadly defined), and physical activity across the lifespan.	2. Evaluate research and information about the human body, health (broadly defined), and physical activity, across different platforms and sources.	3. Describe the factors or characteristics that contribute to ethical citizenship and social responsibility and their role in building a healthy community environment.	4. Communicate ideas and arguments in a well-structured and coherent manner in oral, written, physical and digital forms.	5. Promote the fundamentals of physical activity and health of individuals and communities.	6. Apply practical skills and knowledge of assessment about the human body, health and physical activity for individuals across the lifespan.
Kinesiology Core Courses (42 credits)							
KINE 4020 3.00 Human Nutrition	Level taught (assessed)	D (D)	D	D	D (D)	D	
	Assessment methods	01, 03, 13			01, 03		

## Appendix C: Degree Progression

### Example of Degree Progression – Specialized Honours BA (Current)

Year of Program	Fall	Winter	Total Credits
1	HH/KINE 1000 6.00 HH/KINE 1020 6.00 HH/KINE 1900 3.00 General Education 6.00 Credits outside the major (non-KINE) 3.00	General Education 3.00 (NATS) Credits outside the major (non-KINE) 3.00	30
2	HH/KINE 2011 3.00 HH/KINE 2031 3.00 HH/KINE 2049 3.00 HH/KINE 2900 3.00 General Education 6.00	HH/KINE 2050 3.00 HH/KINE 3012 3.00 HH/KINE 3030 3.00 General Education 3.00 (NATS)	30
3	HH/KINE 3020 3.00 HH/KINE 4010 3.00 HH/KINE 3XXX 3.00 HH/KINE XXXX 3.00 Credits outside the major (non-KINE) 3.00	HH/KINE 3000 3.00 HH/KINE 4020 3.00 HH/KINE 3XXX 3.00 HH/KINE XXXX 3.00 Credits outside the major (non-KINE) 3.00	30
4	HH/KINE 4XXX 3.00 4XXX 3.00 Credits outside the major (non-KINE) 3.00 Elective 3.00 Elective 3.00	HH/KINE 4XXX 3.00 4XXX 3.00 Credits outside the major (non-KINE) 3.00 Elective 3.00 Elective 3.00	30

\*Arrows indicate two-semester courses; proposed new and changed/moved courses are highlighted.

## Example of Degree Progression – Specialized Honours BSc (Current)

Year of Program	Fall	Winter	Total Credits
1	HH/KINE 1000 6.00 HH/KINE 1020 6.00 HH/KINE 1900 3.00 General Education 6.00 3.00 Approved MATH	3.00 Approved MATH 3.00 Introductory science courses	30
2	HH/KINE 2011 3.00 HH/KINE 2031 3.00 HH/KINE 2049 3.00 HH/KINE 2900 3.00 General Education 6.00	HH/KINE 2050 3.00 HH/KINE 3012 3.00 HH/KINE 3030 3.00 3.00 Introductory science courses	30
3	HH/KINE 3020 3.00 HH/KINE 4010 3.00 HH/KINE 3XXX 3.00 6.00 Science credits outside the major (ie. PSYC 1010) LE/EECS 1520, 1540 or 1570.3.00	HH/KINE 3000 3.00 HH/KINE 4020 3.00 HH/KINE 3XXX 3.00 3.00 Science credits outside the major at the 2XXX level or above	30
4	HH/KINE 3XXX 3.00 HH/KINE 4XXX 3.00 HH/KINE 3XXX/4XXX 3.00 Elective 3.00 Elective 3.00	HH/KINE 3XXX 3.00 HH/KINE 4XXX 3.00 HH/KINE 3XXX/4XXX 3.00 Elective 3.00 Elective 3.00	30

\*Arrows indicate two-semester courses; proposed new and changed/moved courses are highlighted.

## Example of Degree Progression – Specialized Honours BA (Proposed)

Year of Program	Fall	Winter	Total Credits
1	HH/KINE 1000 3.00 HH/KINE 1020 6.00 HH/KINE 1900 3.00 General Education 6.00 Credits outside the major (non-KINE) 3.00	HH/KINE 2031 3.00  General Education 3.00 (NATS) Credits outside the major (non-KINE) 3.00	30
2	HH/KINE 2000 3.00 HH/KINE 2011 3.00 HH/KINE 2049 3.00 HH/KINE 2900 3.00 General Education 6.00	HH/KINE 2050 3.00 HH/KINE 3012 3.00 HH/KINE 3030 3.00  General Education 3.00 (NATS)	30
3	HH/KINE 3020 3.00 HH/KINE 4010 3.00 HH/KINE 3XXX 3.00 HH/KINE XXXX 3.00 Credits outside the major (non-KINE) 3.00	HH/KINE 3000 3.00 HH/KINE 4020 3.00 HH/KINE 3XXX 3.00 HH/KINE XXXX 3.00 Credits outside the major (non-KINE) 3.00	30
4	HH/KINE 4XXX 3.00 4XXX 3.00 Credits outside the major (non-KINE) 3.00 Elective 3.00 Elective 3.00	HH/KINE 4XXX 3.00 4XXX 3.00 Credits outside the major (non-KINE) 3.00 Elective 3.00 Elective 3.00	30

\*Arrows indicate two-semester courses; proposed new and changed/moved courses are highlighted.

## Example of Degree Progression – Specialized Honours BSc (Proposed)

Year of Program	Fall	Winter	Total Credits
1	HH/KINE 1000 3.00 HH/KINE 1020 6.00 HH/KINE 1900 3.00 General Education 6.00 3.00 Approved MATH	HH/KINE 2031 3.00  3.00 Approved MATH 3.00 Introductory science courses	30
2	HH/KINE 2000 3.00 HH/KINE 2011 3.00 HH/KINE 2049 3.00 HH/KINE 2900 3.00 General Education 6.00	HH/KINE 2050 3.00 HH/KINE 3012 3.00 HH/KINE 3030 3.00  3.00 Introductory science courses	30
3	HH/KINE 3020 3.00 HH/KINE 4010 3.00 HH/KINE 3XXX 3.00 6.00 Science credits outside the major (ie. PSYC 1010) LE/EECS 1520, 1540 or 1570.3.00	HH/KINE 3000 3.00 HH/KINE 4020 3.00 HH/KINE 3XXX 3.00  3.00 Science credits outside the major at the 2XXX level or above	30
4	HH/KINE 3XXX 3.00 HH/KINE 4XXX 3.00 HH/KINE 3XXX/4XXX 3.00 Elective 3.00 Elective 3.00	HH/KINE 3XXX 3.00 HH/KINE 4XXX 3.00 HH/KINE 3XXX/4XXX 3.00 Elective 3.00 Elective 3.00	30

\*Arrows indicate two-semester courses; proposed new and changed/moved courses are highlighted.



# Standard Minor Modification Proposal

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**Faculty:** Health

**Department:** School of Global Health; Department of Psychology

**Program:** Global Health; Psychology

**Degree Designation:** School of Global Health: BSc specialised honours – Health promotion and disease prevention; BSc specialised honours – global health policy, management and system; BSc specialised honours – Global e-health; BSc specialised honours – Global health and the environment; BSc honours; BSc honours double major; BSc honours major/minor; BSc 90 credit.

School of Psychology: BSc specialised honours; BSc honours; BSc honours double major; BSc honour major/minor; BSc 90 credit.

**Type of Modification:** Changes to course level and names of some elective courses from the School of Kinesiology and Health Science.

**Location** (*current campus and, if applicable, proposed*): Keele Campus

**Effective Date:** Fall 2025

**Approval Date at Faculty Council:**

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**1. Describe the proposed modifications to the program.**

To update calendar copy for the School of Global Health program and Department of Psychology; these proposed modifications reflect recent changes to elective courses from the School of Kinesiology and Health Science.

**2. Provide a rationale for any proposed changes.**

Several elective courses from the School of Kinesiology and Health Science that are listed in the Global Health and Psychology calendars have recently undergone revision, therefore this serves as a calendar update to reflect those changes.

**3. If revisions to the Program Learning Outcomes (PLO) are proposed, please provide a description and a rationale for the changes. Confirm that changes will not substantially affect the outcomes of the program.**

Not applicable; the PLOs are not altered.

- 4. Include as an appendix a side-by-side comparison of the existing and proposed program requirements as they will appear in the Undergraduate Calendar. Please indicate deletions as strikethrough text and additions as underlined text in a contrasting colour.**

Attached.

- 5. a) Describe how students currently enrolled in the program will be accommodated, as applies.**

As these are elective courses, current students will take the existing versions until the new ones replace them. New courses can be taken once they launch.

- b) Explain how changes will be communicated to students.**

Through updates on the School websites and York Registrar's site. As these changes do not impact the core of either program, and the existing/old version of the elective courses still meet elective requirements (as do the new courses/versions), no additional communications are deemed necessary.

- 6. Describe any resource implications and how they are being addressed (e.g., through a reallocation of existing resources). If new/additional resources are required, provide a statement from the relevant Dean(s)/Principal confirming resources will be in place to implement the changes.**

N/A

- 7. If relevant, summarize the consultation undertaken with relevant academic units, including commentary on the impact of the proposed changes on other programs. Provide individual statements from the relevant program(s) confirming consultation and their support.**

The changes were communicated to the Global Health and Psychology units from the School of Kinesiology and Health Science.

- 8. For optional work-integrated learning elements (e.g., an optional internship course), please describe the consultation to ensure these elements are in line with best practice for experiential education and York's established other practices in this area. The [Office of the Vice Provost, Teaching and Learning](#) can provide further guidance.**

N/A

# APPENDICES

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## Appendix A: Side-by-Side Academic Calendar Copy Comparison

Ensure that deletions are indicated with strikethrough text and additions are made in a contrasting colour.

**Program:** Global Health

**Degree Program:** The changes apply to every BSc Global Health program with Required Science Credits Outside the Major Requirements. Specifically:

- BSc Specialized Honours – Health Promotion and Disease Prevention
- BSc Specialized Honours – Global Health Policy, Management and System
- BSc Specialized Honours – Global E-Health
- BSc Specialized Honours – Global Health and the Environment
- BSc Honours
- BSc Honours Double Major
- BSc Honours Major/Minor
- BSc 90 Credits

The sample below is of the Honours BSc

**Effective Date: Fall 2025**

**Please note that only those fields applicable to the relevant program need to be completed.**

Current Calendar Copy

(~~Strikethrough~~ items to be removed)

New Calendar Copy

(Underline items to be added in revisions to existing programs)

**Required Science Credits Outside the Major** – Required Credits: 9

- **Complete all of the following**
  - **Completed at least 9 credits from the following types of courses:**

**Required Science Credits Outside the Major** – Required Credits: 9

- **Complete all of the following**
  - **Completed at least 9 credits from the following types of courses:**

in science disciplines outside the major, of which three credits must be at the 2000-level or above. Required science credits outside the major can be selected from: All courses offered through the Faculty of Science and the Lassonde School of Engineering; All kinesiology and health science courses and all psychology courses

- Not taken any of the following:
  - [HH/KINE2380](#) - Introduction to Sport Administration (3.00)
  - [HH/KINE3240](#) - Behavioural Approach to Administration of Fitness and Sport (3.00)
  - [HH/KINE3360](#) - Gender and Sexuality in Sport and Health (3.00)
  - [HH/KINE3430](#) - Canadian Culture and Physical Activity (3.00)
  - [HH/KINE3440](#) - Olympic Games: Heroes and Villains at Play (3.00)
  - [HH/KINE3490](#) - Sport Policy and Politics (3.00)
  - [HH/KINE3510](#) - Sport Marketing and Event Management (3.00)
  - [HH/KINE3620](#) - Sociology of Sport I (3.00)
  - ~~[HH/KINE4340](#) - Sport, "Race" and Popular Culture in Canada (3.00)~~
  - [HH/KINE4370](#) - Body as Light: Meditation Practices (3.00)
  - [HH/KINE4375](#) - Body as Weapon: Martial Arts/Combat Training (3.00)
  - [HH/KINE4420](#) - Relaxation: Theory and Practice (3.00)
  - [HH/KINE4430](#) - Business Skills for Sport and Fitness Professionals (3.00)
  - ~~[HH/KINE4480](#) - Sociology of Sport II (3.00)~~

in science disciplines outside the major, of which three credits must be at the 2000-level or above. Required science credits outside the major can be selected from: All courses offered through the Faculty of Science and the Lassonde School of Engineering; All kinesiology and health science courses and all psychology courses

- Not taken any of the following:
  - [HH/KINE2380](#) - Introduction to Sport Administration (3.00)
  - [HH/KINE3240](#) - Behavioural Approach to Administration of Fitness and Sport (3.00)
  - [HH/KINE 3330 - The Sociocultural Study of Sports, Medicine, and Health \(3.00\)](#)
  - [HH/KINE3360](#) - Gender and Sexuality in Sport and Health (3.00)
  - [HH/KINE 3385 - Social and Structural Determinants of Physical Culture and Health \(3.00\)](#)
  - [HH/KINE3430](#) - Canadian Culture and Physical Activity (3.00)
  - [HH/KINE3440](#) - Olympic Games: Heroes and Villains at Play (3.00)
  - [HH/KINE3490](#) - Sport Policy and Politics (3.00)
  - [HH/KINE3510](#) - Sport Marketing and Event Management (3.00)
  - [HH/KINE3620](#) - Sociology of Sport I (3.00)
  - [HH/KINE4340](#) - Sport, "Race" and Popular Culture in Canada (3.00)
  - [HH/KINE4370](#) - Body as Light: Meditation Practices (3.00)
  - [HH/KINE4375](#) - Body as Weapon: Martial Arts/Combat Training (3.00)
  - [HH/KINE4420](#) - Relaxation: Theory and Practice (3.00)

- ~~HH/KINE4485 - Social Determinants of Physical Activity and Health in Canada (3.00)~~
- HH/KINE4490 - Philosophical Issues in Kinesiology and Health Science (3.00)
- HH/KINE4495 - Doctors, Trainers and Drugs: The Socio-Cultural Study of Sports and Medicine (3.00)
- HH/KINE4560 - Physical Activity and Children: Pedagogy (3.00)
- HH/KINE4620 - Counselling Skills for Kinesiology and Health Science (3.00)
- HH/KINE4635 - Immigration and Culture: Implications for Sport, Physical Activity and Health (3.00)
- HH/KINE4645 - Active Living and Ageing (3.00)
- HH/KINE4646 - Delivering Exercise to the Aging: Knowledge to Action (3.00)
- HH/PSYC3350 - Cultural Psychology (3.00)
- HH/PSYC3430 - Behaviour in Groups (3.00)
- HH/PSYC3600 - Community Psychology (3.00)
- HH/PSYC3630 - The Psychology of the Family (3.00)
- HH/PSYC3670 - Psychology of Sexual Orientation (3.00)
- HH/PSYC4891 Cr=6.00 EN - Applied Community/Industry Project (6.00)
- HH/KINE 3580 - Coaching: The Strategy and Tactics of Sport (3.00)

- HH/KINE4430 - Business Skills for Sport and Fitness Professionals (3.00)
- HH/KINE4480 - Critical Policy Studies of Sport, Physical Activity and Health (3.00)
- HH/KINE4485 - Social Determinants of Physical Activity and Health in Canada (3.00)
- HH/KINE4490 - Philosophical Issues in Kinesiology and Health Science (3.00)
- HH/KINE4495 - Doctors, Trainers and Drugs: The Socio-Cultural Study of Sports and Medicine (3.00)
- HH/KINE4560 - Physical Activity and Children: Pedagogy (3.00)
- HH/KINE4620 - Counselling Skills for Kinesiology and Health Science (3.00)
- HH/KINE4635 - Immigration and Culture: Implications for Sport, Physical Activity and Health (3.00)
- HH/KINE4645 - Active Living and Ageing (3.00)
- HH/KINE4646 - Delivering Exercise to the Aging: Knowledge to Action (3.00)
- HH/PSYC3350 - Cultural Psychology (3.00)
- HH/PSYC3430 - Behaviour in Groups (3.00)
- HH/PSYC3600 - Community Psychology (3.00)
- HH/PSYC3630 - The Psychology of the Family (3.00)
- HH/PSYC3670 - Psychology of Sexual Orientation (3.00)
- HH/PSYC4891 Cr=6.00 EN - Applied Community/Industry Project (6.00)
- HH/KINE 3580 - Coaching: The Strategy and Tactics of Sport (3.00)

<b>Grand Total Credit Count - 120</b>	<b>Grand Total Credit Count - 120</b>

**Program:** Psychology

**Degree Program:** The changes apply to every BSc Psychology program with Required Science Credits Outside the Major Requirements. Specifically:

- BSc Specialized Honours
- BSc Honours
- BSc Honours Double Major
- BSc Honours Major/Minor
- BSc 90 Credits

The sample below is of the Honours BSc

**Effective Date: Fall 2025**

**Please note that only those fields applicable to the relevant program need to be completed.**

<p>Current Calendar Copy</p> <p>(<del>Strikethrough</del> items to be removed)</p>	<p>New Calendar Copy</p> <p>(<u>Underline</u> items to be added in revisions to existing programs)</p>
<p><b>Required Science Credits Outside the Major</b> – Required Credits: <u>9</u></p> <ul style="list-style-type: none"> <li>• <b>Complete all of the following</b> <ul style="list-style-type: none"> <li>○ <b>Completed at least 9 credits from the following types of courses:</b></li> </ul> </li> </ul>	<p><b>Required Science Credits Outside the Major</b> – Required Credits: <u>9</u></p> <ul style="list-style-type: none"> <li>• <b>Complete all of the following</b> <ul style="list-style-type: none"> <li>○ <b>Completed at least 9 credits from the following types of courses:</b></li> </ul> </li> </ul>

in science disciplines outside the major, of which three credits must be at the 2000-level or above. Required science credits outside the major can be selected from the following: all courses offered through the Faculty of Science and Lassonde School of Engineering; all kinesiology and health science courses all courses offered through the Faculty of Science and Lassonde School of Engineering; all kinesiology and health science courses

- Not taken any of the following:
  - [HH/KINE2380](#) - Introduction to Sport Administration (3.00)
  - [HH/KINE3240](#) - Behavioural Approach to Administration of Fitness and Sport (3.00)
  - [HH/KINE3360](#) - Gender and Sexuality in Sport and Health (3.00)
  - [HH/KINE3430](#) - Canadian Culture and Physical Activity (3.00)
  - [HH/KINE3440](#) - Olympic Games: Heroes and Villains at Play (3.00)
  - [HH/KINE3490](#) - Sport Policy and Politics (3.00)
  - [HH/KINE3510](#) - Sport Marketing and Event Management (3.00)
  - [HH/KINE3620](#) - Sociology of Sport I (3.00)
  - [HH/KINE4310](#) - International Development and Sport (3.00)
  - [HH/KINE4315](#) - Aboriginal Physical Activity and Community Health (3.00)
  - ~~[HH/KINE4340](#) - Sport, "Race" and Popular Culture in Canada (3.00)~~
  - [HH/KINE4370](#) - Body as Light: Meditation Practices (3.00)
  - [HH/KINE4375](#) - Body as Weapon: Martial Arts/Combat Training (3.00)
  - [HH/KINE4420](#) - Relaxation: Theory and Practice (3.00)

in science disciplines outside the major, of which three credits must be at the 2000-level or above. Required science credits outside the major can be selected from the following: all courses offered through the Faculty of Science and Lassonde School of Engineering; all kinesiology and health science courses all courses offered through the Faculty of Science and Lassonde School of Engineering; all kinesiology and health science courses

- Not taken any of the following:
  - [HH/KINE2380](#) - Introduction to Sport Administration (3.00)
  - [HH/KINE3240](#) - Behavioural Approach to Administration of Fitness and Sport (3.00)
  - [HH/KINE 3330 - The Sociocultural Study of Sports, Medicine, and Health \(3.00\)](#)
  - [HH/KINE3360](#) - Gender and Sexuality in Sport and Health (3.00)
  - [HH/KINE 3385 - Social and Structural Determinants of Physical Culture and Health \(3.00\)](#)
  - [HH/KINE3430](#) - Canadian Culture and Physical Activity (3.00)
  - [HH/KINE3440](#) - Olympic Games: Heroes and Villains at Play (3.00)
  - [HH/KINE3490](#) - Sport Policy and Politics (3.00)
  - [HH/KINE3510](#) - Sport Marketing and Event Management (3.00)
  - [HH/KINE3620](#) - Sociology of Sport I (3.00)
  - [HH/KINE4310](#) - International Development and Sport (3.00)
  - [HH/KINE4315](#) - Aboriginal Physical Activity and Community Health (3.00)
  - [HH/KINE4370](#) - Body as Light: Meditation Practices (3.00)

- **HH/KINE4430 - Business Skills for Sport and Fitness Professionals (3.00)**
- **HH/KINE4480 - ~~Sociology of Sport II~~ (3.00)**
- ~~HH/KINE4485 - Social Determinants of Physical Activity and Health in Canada (3.00)~~
- **HH/KINE4490 - Philosophical Issues in Kinesiology and Health Science (3.00)**
- **HH/KINE4495 - Doctors, Trainers and Drugs: The Socio-Cultural Study of Sports and Medicine (3.00)**
- **HH/KINE4560 - Physical Activity and Children: Pedagogy (3.00)**
- **HH/KINE4620 - Counselling Skills for Kinesiology and Health Science (3.00)**
- **HH/KINE4635 - Immigration and Culture: Implications for Sport, Physical Activity and Health (3.00)**
- **HH/KINE4645 - Active Living and Ageing (3.00)**
- **HH/KINE4646 - Delivering Exercise to the Aging: Knowledge to Action (3.00)**
- **HH/KINE 3580 3.00; HH/KINE 4630 3.00**

- **HH/KINE4375 - Body as Weapon: Martial Arts/Combat Training (3.00)**
- **HH/KINE4420 - Relaxation: Theory and Practice (3.00)**
- **HH/KINE4430 - Business Skills for Sport and Fitness Professionals (3.00)**
- **HH/KINE4480 - Critical Policy Studies of Sport, Physical Activity and Health (3.00)**
- **HH/KINE4490 - Philosophical Issues in Kinesiology and Health Science (3.00)**
- **HH/KINE4495 - Doctors, Trainers and Drugs: The Socio-Cultural Study of Sports and Medicine (3.00)**
- **HH/KINE4560 - Physical Activity and Children: Pedagogy (3.00)**
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- **HH/KINE4635 - Immigration and Culture: Implications for Sport, Physical Activity and Health (3.00)**
- **HH/KINE4645 - Active Living and Ageing (3.00)**
- **HH/KINE4646 - Delivering Exercise to the Aging: Knowledge to Action (3.00)**
- **HH/KINE 3580 3.00; HH/KINE 4630 3.00**

**Grand Total Credit Count - 120**

**Grand Total Credit Count - 120**

## Appendix B: Consultation and Support Letters



# Detailed Minor Modification Proposal

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**Faculty:** Faculty of Health

**Department:** Department of Psychology

**Program:** Psychology

**Degree Designation:** Honours Bachelor of Science (BSc)

**Type of Modification:** Changes to admission criteria

**Location** (*current campus and, if applicable, proposed*): Keele Campus

**Effective Date:** Fall 2025

**Approval Date at Faculty Council:**

---

**1.** Describe the proposed modifications to the program.

The proposed modification to the admission criteria for York University's Bachelor of Science (BSc) in Psychology is the addition of high-school Biology (SBI4U) as an alternative science course. Biology is a fundamental science in the study of psychology and would provide greater flexibility to prospective students who may have a stronger background in subject.

This change aligns our program's admission criteria with those of comparable institutions across Canada. It is consistent with the admission criteria of BSc in Psychology programs at many other comparable universities including the [University of Toronto](#) and the [University of British Columbia](#).

The change also parallels changes made to admission criteria of several other BSc programs at York University, including Applied Mathematics, Data Science, Mathematics, Statistics, etc.

**2.** Include as an appendix a side-by-side comparison of the existing and proposed program requirements as they will appear in the Undergraduate or Graduate Academic Calendar. Please indicate deletions as strikethrough text and additions as underlined text in a contrasting colour.

Please refer to the Appendix.

- 3.1** List the current and/or updated Program Learning Outcomes for the proposed modified program.<sup>1</sup>

N/A. No changes to program learning outcomes.

- 3.2** Provide a rationale for the proposed changes as articulated through the Program Learning Outcomes.

N/A. There are no changes to the program learning outcomes, as the proposed modification is limited to the admission criteria and does not impact the curriculum or students' ability to achieve the established learning outcomes.

- 3.3** How will the proposed modification support the achievement of Program Learning Outcomes?

The proposed change will not impact student achievement of Program Learning Outcomes. This modification will expand access without compromising academic rigour, by allowing high caliber students with a strong foundation in Biology to be eligible for admission to the BSc degree in Psychology at York University.

The Basic Science requirement for the BSc degree includes a minimum of 15 credits, where 6 credits are in mathematics, 3 credits from computer science, and 6 credits from foundational science, which can include Biology, Chemistry, and Physics. As such, a student with a stronger background in Biology can fulfill their 6 foundational science credits through Biology courses if they prefer.

- 4.** Describe how students currently enrolled in the program will be accommodated.

This change will not impact current students.

- 5.** Describe any resource implications and how they are being addressed (e.g., through a reallocation of existing resources). If new/additional resources are required, provide a statement from the relevant Dean(s)/Principal confirming resources will be in place to implement the changes.

This change will not have any resource implications. This change may broaden the pool of potential applicants to the program.

- 6.** If relevant, summarize the consultation undertaken with relevant academic units, including commentary on the impact of the proposed changes on other programs.

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<sup>1</sup> Ideally, a program would have 8-12 [Program Learning Outcomes \(PLOs\)](#) that reflect the program and demonstrate how the program meets Ontario's [Degree Level Expectations](#). Support for visioning, defining, and mapping your PLOs can be found in the [Office of the Vice Provost Academic](#).

Provide individual statements from the relevant program(s) confirming consultation and their support.

N/A. The Office of the University Registrar will be notified of the pending change.

- 7.** For optional work-integrated learning elements (e.g., an optional internship course), please describe the consultation to ensure these elements are in line with best practice for experiential education and York's established other practices in this area. The [Office of the Vice Provost, Teaching and Learning](#) can provide further guidance.

N/A. This change will not impact the program curriculum.

## APPENDICES

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### Appendix: Side-by-Side Academic Calendar Copy Comparison

Ensure that deletions are indicated with strikethrough text and additions are made in a contrasting colour.

*These changes are to be made to the **Future Students Admission Requirements** page and future Undergraduate Students Handbooks.*

Current Admission Criteria for BSc in Psychology	Proposed Admission Criteria for BSc in Psychology
<ul style="list-style-type: none"><li>• ENG4U, 4U Math</li><li>• SCH4U or SPH4U</li></ul>	<ul style="list-style-type: none"><li>• ENG4U, 4U Math</li><li>• SCH4U or SPH4U <b>or SBI4U</b></li></ul>

### Appendix: Consultation and Support Letters