

15th Annual Muscle Health Awareness Day (MHAD15)
May 17, 2024 – Life Science Building Lobby
York University

Trainee Poster Award Competition

A total of nine poster awards will be available for the following categories:

One Post-Doctoral Fellow (\$200)

Three PhD (\$200)

Three MSc (\$200)

One Undergraduate (\$100)

The American Journal of Physiology-Cell Physiology Award (any trainee category) (\$100 USD)

The finalists will be pre-selected from the abstract submissions and will be notified **4-5 days prior to the event. Finalists must be available to present their posters during the morning and lunch time poster-viewing periods.** Winners in each category will receive a certificate and a honorarium. The winners will be announced at the end of day.

Criteria for Selection:

- a) Relationship of the research to muscle health
- b) Rationale and experimental design well indicated
- c) Significance of the research well described
- d) Ease of understanding of the written abstract
- e) Quality and appearance of the poster
- f) Ability to answer questions

For the American Journal of Physiology-Cell Physiology Award, these criteria will be uniquely applied to abstracts in the area of cellular physiology related to muscle health.